



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		<h1>March 2010</h1>					
	<p>1 ♥Whole Wheat Bagels w/☺ cream cheese, Mixed Fruit, Milk</p> <p>L:Chicken and Noodles, Sweet Peas, Peaches, Milk</p> <p>S: ♥☺☐Cornbread Muffins and Milk</p>	<p>2 B: : ☐♥☺Waffles, Applesauce and Milk</p> <p>L: ☺♥Meatballs w/Marinara, ♥Wheat Roll, Broccoli, Diced Pears, and Milk</p> <p>S: ☺ Yogurt and Graham Crackers and Water</p>	<p>3 B: ♥Raisin Bran, Sliced Oranges, Milk</p> <p>L:☺♥Grilled Cheese Sandwiches, Tomato Soup, Sliced Fresh Apples, and Milk</p> <p>S: Boiled Eggs and ♥Wheat Crackers and Water</p>	<p>4 B: ♥Biscuit w/Jelly, Pineapple Tidbits, and Milk</p> <p>L:Turkey♥Ziti , Green Beans, Fruit Cocktail, and Milk</p> <p>S: ♥Pretzel Twists and Milk</p>	<p>5 B: Rice Krispies, Bananas, Milk</p> <p>L: Egg and Cheese Burrito, Mexican Corn, Mandarin Oranges, and Milk</p> <p>S: Animal Crackers and Orange Juice</p>	6	
	<p>8 B: ♥Cheese Toast, Tropical Fruit, and Milk</p> <p>L: ♥☺☐Chicken Patty Sandwiches, Sweet Peas, Peaches, and Milk</p> <p>S: Bananas and Trail Mix and Water</p>	<p>9 B: ? Cinnamon Oatmeal, Applesauce, and Milk</p> <p>L: ☺♥Macaroni and Cheese, Spinach Diced Pears and Milk</p> <p>S Graham Crackers and Milk</p>	<p>10 B: ♥Cheerios, Sliced Oranges, Milk</p> <p>L: Turkey Tacos w/cheese, Soft Taco Shells, Mexican Corn, Fruit Cocktail, and Milk</p> <p>S: Whole Wheat Crackers and Milk</p>	<p>11 B: Raisin Bread, Apple Slices and Milk</p> <p>L: ♥☺ Lasagna with Meat Sauce, Broccoli, Pineapple Tidbits, and Milk</p> <p>S: Whole Wheat Pita w/cheese and Water</p>	<p>12 B: Cornflakes, Bananas, Milk</p> <p>L: ♥Turkey Sloppy Joes on Bun, Green Beans, Mandarin Oranges, and Milk</p> <p>S: ♥☺ Baked Goldfish Crackers and Apple Juice</p>	13	
14	<p>15 B: Frosted Mini Wheat Cereal or Rice Krispies, Mixed Fruit, Milk</p> <p>L: Salisbury Steak w/gravy, Mashed Potatoes, Sweet Peas, ♥Wheat Dinner Roll, Diced Pears, and Milk</p> <p>S: ♥☺☐Cornbread Muffins and Milk</p>	<p>16 B:♥☺☐Pancakes, Pineapple Tidbits and Milk</p> <p>L:☺♥Grilled Cheese Sandwiches, Tomato Soup, Sliced Fresh Apples, and Milk</p> <p>S: ☺ Yogurt and Graham Crackers and Water</p>	<p>17 B: ♥Cheerios, Sliced Oranges, Milk</p> <p>L: ☺Chicken Pot Pie, Green Beans, Rice, Peaches, and Milk</p> <p>S: Bananas and Trail Mix and Water</p>	<p>18 B: Turkey Sausage Patties, ☺Biscuit, Fruit Cocktail, and Milk</p> <p>L: Turkey-Roni, Italian Vegetables, Applesauce, and Milk</p> <p>S: ♥Animal Crackers and Milk</p>	<p>19 B: ♥ Raisin Bran, Bananas, Milk</p> <p>L: ☺ Cheeseburger on Bun, Baked (veg) Beans, Mandarin Oranges, and Milk</p> <p>S: ♥☺Goldfish Crackers and Apple Juice</p>	20	
21	<p>22 B:♥English Muffins w/ jelly, Tropical Fruit, Milk</p> <p>L: Turkey Chili w/cornbread, Green Beans, Peaches, Milk</p> <p>S: Animal Crackers and Milk</p>	<p>23 B: Cornflakes, Sliced Oranges, Milk</p> <p>L: ☺♥ Mini Cheese Pizza, Carrots, Sliced Fresh Apples and Milk</p> <p>S: Graham Crackers and Milk</p>	<p>24 B: ☺Cheese Grits, Mixed Fruit, Milk</p> <p>L: Baked Chicken Legs, Sweet Potatoes, Diced Pears, Wheat Rolls, Milk</p> <p>S: Whole Wheat Crackers, "Ants on a Log" (celery, cream cheese and raisins) and Water</p>	<p>25 B: ☐ Egg and ☺ Cheese ♥ Burrito, Applesauce and Milk</p> <p>L: ♥Turkey Spaghetti and meat sauce, broccoli, pineapple tidbits, and milk Preschool's Vegetable Salad with dressing</p> <p>S: Fig Newton's and Milk</p>	<p>26 B: ♥Cheerios, Bananas, Milk</p> <p>L: Δ♥Fish Sandwiches, Sweet Peas, Mandarin Oranges, and Milk</p> <p>S: ♥☺ Baked Goldfish Crackers and Apple Juice</p>	27	
28	<p>29 ♥Whole Wheat Bagels w/☺ cream cheese, Mixed Fruit, Milk</p> <p>L:Chicken and Noodles, Sweet Peas, Peaches, Milk</p> <p>S: ♥☺☐Cornbread Muffins and Milk</p>	<p>30 B: ♥Raisin Bran, Sliced Oranges, Milk</p> <p>L: ☺♥Turkey and Cheese Sandwiches (Tod II and Preschool Lettuce and Tomato), Baby Carrots, Fruit Cocktail, Milk</p> <p>S: ☺ Yogurt and Graham Crackers and Water</p>	<p>31 B: : ☐♥☺Waffles, Applesauce and Milk</p> <p>L: ☺♥Meatballs w/Marinara, ♥Wheat Roll, Broccoli, Diced Pears, and Milk</p> <p>S: Boiled Eggs and ♥Wheat Crackers and Water</p>				

If there are any questions or concerns about the food allergies listed, please feel free to call or speak to Lasheenia Fields/Claude Moyer @ the Clairmont Campus or Anita Hendley/Tonda Mitchell @ the Clifton Campus. If there is a known allergy that we might have missed, please let us know. Thanks.

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Allergy Key: ☺ Dairy ☐ Egg ♥Wheat ? Cinnamon Δ Seafood

*All Bread Products are Whole-Wheat Enriched.