

Infant Milestones

Emotional and Social Development

1. Personal Relationships with Adults

- A. Shows attachment toward significant adults
 - 1. Coos and smiles at a familiar adult
 - 2. Looks toward a familiar face or voice
 - 3. Reaches out for a familiar person
 - 4. Kicks legs excitedly when playing with someone familiar
 - 5. Looks to a significant adult for help
 - 6. Crawls towards a significant adult

- B. Reacts differently toward familiar and unfamiliar adults
 - 1. Stops crying when a familiar adult picks them up
 - 2. Cries when held by a stranger
 - 3. Clings to a familiar adult in the presence of unfamiliar people
 - 4. Resists going to an unfamiliar person
 - 5. Looks around for reassurance that a familiar adult is nearby

2. Personal Relationships with Peers

- A. Shows awareness of other children
 - 1. Smiles and laughs in response to another child
 - 2. Looks and reaches toward another child
 - 3. Shows excitement upon seeing other children
 - 4. Touches another child
 - 5. Plays next to another child

- B. Shows awareness of feelings displayed by other children
 - 1. Cries or laughs when another child is crying or laughing

3. Self-awareness

- A. Shows beginning sense of self
 - 1. Uses sounds, facial expressions, body movements, and gestures to tell what they want or don't want
 - 2. Makes sounds when a familiar person calls their name
 - 3. Points to themselves in a mirror or photograph

- B. Shows beginning awareness of their abilities

1. Responds in a positive way, such as smiling, when they succeed at a task
2. Responds in a positive way, such as smiling, when familiar adults show approval