

	Mon	Tue	Wed	Thu	Fri	Sat
<h1>AUGUST VEGETARIAN MENU 2017</h1>						
	31. B: Cheese Omelets, Pita Bread, Fresh Pears and Milk L: Boca Crumbles, WW Bun, Marinara Sauce, Steamed Peas, Honey Dew Melon and Milk S: Goldfish Crackers and Milk	1. B: Cheerio Cereal, Fresh Blueberries, and Milk L: Black Bean Cheese Burger on Whole Grain Bun, Garden Salad, Fresh Apples, and Milk S: Salsa and Chips, and Water	2 B: Whole Grain Waffles , Banana and Milk L: Filet of Eggplant on WW Bun, Steamed Broccoli, Pineapple Tidbits and Milk S: Fresh Apples, Sun Butter and Water	3 B: Cheese Grits, Blueberries, and Milk L: Homemade Vegetarian Salad on Spinach Wrap, Garden Salad, (Infants – T1 Green Beans), Tropical Fruit and Milk S: Animals Crackers and Milk	4 B: Rice Crispy Cereal , Pears and Milk L: Tomato Soup with Cheese Tortellini , Green Apples and Milk S: Vanilla Wafers and Bananas, Milk	
6	7 B: English Muffin, Apple Sauce, Milk L: Baked Eggplant, Cold Pasta Salad, Fresh Strawberries, and Milk S: Animal Crackers, and Milk	8 B: Cheerio Cereal, Fresh Blueberries, and Milk L: Baked Tofu, Fresh Spinach ,WW Dinner Roll, Pineapple Tidbits, and Milk S: Fresh Apples with Sun Butter and Water	9. B: Cheese Grits, Bananas, and Milk L: Black Bean Burger, WW Bun, Zucchini Squash Blend, Fresh Bananas, and Milk S: Gram Crackers, and Milk	10. B: WW Blue Bagels, Peaches and Milk L: Diced Cucumber Tomato Salad with Pasta, Pita Bread (Infant-T1 Green Beans), Fresh Blueberries, and Milk S: Corn Tortilla Chips, with Hummus, and water	11 B: Corn Flakes, Fresh Blueberries, and Milk L: Cheese Sandwich's , Mexican Corn, Fresh Strawberries, and Milk S: Cheddar Cheese, Chex Mix, and Milk	12
13	14 B: WW Pancakes, Diced Peaches, and Milk L: Smoked Mozzarella Pasta Salad with Penne and Roasted Red Pepper, Steam Corn, Cantaloupe and Milk S: Animal Crackers and Milk	15 B: Corn Flakes Cereal, Red Apples and Milk L: Homemade Boca Sloppy Joe on WW Bun, Green Beans, Sliced Oranges, and Milk S: Chex Mix and Milk	16 B: Cheese Omelets, WW Tortilla, Green Apples, and Milk L: Baked Veg Nuggets, Pinto Bean Medley, Steamed Broccoli, Fresh Pears and Milk S: Cubed Cheese, WW Crackers and Milk	17 B: WW English Muffin, Apple Sauce, and Milk L: Black Bean Burger, Gravy, WW Dinner Roll, Steamed Cabbage, Fresh Orange Slices and Milk S: Plan Yogurt, Strawberries, Water	18 B: Cheerios Cereal, Tropical Fruit, and Milk L: Boca Taco on WW Tortilla , Steamed Corn , Blueberries , and Milk S: Wheat Crackers, and Strawberry Cream Cheese, and Water	19
20	21 B: Bagels Cream Cheese, Banana, and Milk L: Homemade Veg Salad W Grain Bread, Sweet Potatoes Fries, Watermelon, and Milk S: Apple and Sun Butter, and Water	22 B: Rice Chex Cereal, Fresh Pears, and Milk L: Cheese Quesadilla Sandwiches, Tomato Soup, Mandarin Oranges, and Milk S: Yogurt, WW Gram Cracker, and Water	23 B: Cinnamon Toast, Blueberries, and Milk L: Stroganoff, Brown Gravy, Egg Noodles, Steam Carrots, Fresh Green Apples, and Milk S: Gold Fish Crackers, and Milk	24 B: Whole wheat Pancakes, Fresh Pears, and Milk L: BBQ Grilled Veg Patty on WW Bun, Cold Slaw, Slice Peaches, and Milk S: Mozzarella Stick, WW Crackers, and Water	25 B: Cinnamon Chex Cereal, Fresh Red Apple, and Milk L: Cheese Sandwich, Salad (Green Beans – Infant, T-1), Fresh Cantaloupe, and Milk S: Gram Crackers, and Milk	26
27	28 B: English Muffins , Apple Sauce and Milk L: Cheese Alfredo with Pasta and Broccoli, Fresh Strawberries, and Milk S: Multi-Grain Sun Chips, and Milk	29 B: Cornflakes Cereal Raspberries, and Milk L: Four Cheese Macaroni, Steam Spinach, Tropical Fruit, and Milk S: Cream Cheese and wheat Crackers	30 B: WW Waffles, Diced Peaches, and Milk L: Spaghetti with Sauce, Tossed Salad (Infant- T1 Steam Green Beans), Fresh Bananas, and Milk S: Vanilla Wafer and Banana	31 B: Cheese Omelets Tropical Fruit and Milk, L: Swiss Cheese Sandwich's, Coleslaw, Strawberries and Milk S: Apples and Sun Butter	1 B: Rice Chex's Cereal , fresh apples and milk L: Veg Pasta Salad in a Ranch Dressing and Roasted Red Peppers, and Peas S: Teddy Grams and Milk	2

Infant & Toddler1 receive Whole Milk
 Toddler 2 – GA Pre-K receive 2% Milk