

February 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29 B: Toasted WW English Muffins, Applesauce and Milk L: Teriyaki Chicken, Fried Brown Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk S: Yogurt, Fresh Bananas and Water	30 B: Cornflakes, Fresh Raspberries and Milk L: Baked Cod, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk S: Graham Crackers, Sun Butter and Milk	31 B: Turkey Sausage Biscuits, Bananas, and Milk L: Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk S: Hummus with Pita Triangles and Milk	1 B: Grits, Fresh Cantaloupe and Milk L: Tuna Salad, WW Pita Bread, Tossed Salad, Fresh Blueberries, and Milk S: WW Goldfish Crackers, and Milk	2 B: Rice Chex, Fresh Bananas and Milk L: Chicken Fajita in Spinach Wrap, Corn and Black Bean Salad, Diced Cantaloupe and Milk S: Salsa, Corn Tortilla, and Water
5 B: Oatmeal, Sliced Peaches and Milk L: Salisbury Steak with Gravy, Sweet Mashed Potatoes, Green Peas, Orange Slices, Dinner Roll and Milk S: WW Animal Crackers and Milk	6 B: Rice Chex, Fresh Bananas, and Milk L: Shredded BBQ Chicken on WW Bun, Cole Slaw, Sliced Peaches and Milk S: Yogurt, Fresh Raspberries and Milk	7 B: Cinnamon Toast, Fresh Strawberries, and Milk L: HM Macaroni and Cheese, Chopped Steamed Spinach, Fresh Blueberries, and Milk S: Goldfish Pretzels Fresh Apples and Milk	8 B: Egg and Cheese Burrito, Fresh Pears and Milk L: HM Chicken Pot Pie with Peas and Carrots, Brown Rice, Tropical Fruit and Milk S: Whole Wheat Crackers, Cheddar Chunks, and Water	9 B: Whole Wheat Bagels, Cream Cheese, Fresh Apples, and Milk L: Grilled Cheese Sandwich, Tomato Soup, Peaches and Milk S: SunButter and Whole Wheat Crackers, and Water
12 B: Turkey Sausage Biscuits, Bananas, and Milk L: Breaded Fish Sticks, Steamed Peas, Fresh Apples, WW Dinner Roll, and Milk S: Goldfish Crackers, and Milk	13 B: Rice Chex, Fresh Strawberries, and Milk L: Baked Chicken Legs, Buttered Rice, Italian Vegetable Blend, WW Dinner Roll, and Milk S : Hummus with Pita Triangles and Water	14 B: Cheese Grits, Fresh Cantaloupe and Milk L:HM Turkey Stroganoff with Egg Noodles, Steamed Carrots, Fresh Green Apples and Milk S: Whole Wheat Animal Crackers, Sliced Oranges and Water	15 B: WW Toasted English Muffins, Applesauce and Milk L: HM Chicken Alfredo, Steamed Broccoli, Pineapple Tidbits and Milk S: Salsa, Corn Tortilla, and Water	16 B: Cinnamon Chex Cereal, Fresh Pears, and Milk L: Chicken Patties on WW Bun, Steamed Cauliflower, Tropical Fruit and Milk S: Pimento Cheese with Whole Wheat Crackers, and Milk
Staff Development Day School Closed	20 B: Cheerios, Fresh Blueberries and Milk L: Grilled Cheese Sandwich, Vegetable Soup, Peaches and Milk S: Graham Crackers Sun Butter and Milk	21 B: Cinnamon Chex Cereal, Fresh Pears, and Milk L: HM Turkey Chili, Red Kidney Beans with Rice, Mandarin Oranges and Milk S: Yogurt, Fresh Apples and Water	22 B: Oatmeal, Sliced Peaches and Milk L: HM Macaroni and Cheese, Steamed Spinach, Fresh Blueberries, and Milk S: Whole Wheat Crackers, Cheddar Chunks, and Milk	23 B: Whole Wheat Bagels, Cream Cheese, Honey Dew Melon, and Milk L: Cheese Burger with Sweet Potato Waffle Fries, Tropical Fruit, and Milk S: Goldfish Crackers, Bananas and Milk
26 B: English Muffins, Applesauce and Milk L: Teriyaki Chicken, Fried Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk S: Yogurt, Fresh Strawberries and Water	27 B: Cornflakes, Fresh Raspberries and Milk L: Baked Cod, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk S: Graham Crackers, Sun Butter and Milk	28 B: Rice Chex, Fresh Bananas and Milk L: Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk S: Hummus with Pita Triangles and Milk	1 B: Grits, Fresh Cantaloupe and Milk L: Tuna Salad, WW Pita Bread, Tossed Salad, Fresh Blueberries, and Milk S: WW Goldfish Crackers, and Milk	2 B: Turkey Sausage Biscuits, Bananas, and Milk L: Chicken Fajita in Spinach Wrap, Corn and Black Bean Salad, Diced Cantaloupe and Milk S: Salsa, Corn Tortilla, and Water

Clairmont

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Infant & Toddler 1 receive Whole Milk; Toddler 2 – GA Pre-K receive 1% Milk

Clifton

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February 2018 Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>29</p> <p>B: Toasted WW English Muffins, Applesauce and Milk</p> <p>L: Teriyaki Veggie Nugget, Fried Brown Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk</p> <p>S: Yogurt, Fresh Bananas and Water</p>	<p>30</p> <p>B: Cornflakes, Fresh Raspberries and Milk</p> <p>L: Breaded Eggplant with Cheese, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk</p> <p>S: Graham Crackers, Sun Butter and Milk</p>	<p>31</p> <p>B: Vegetarian Sausage Biscuits, Bananas, and Milk</p> <p>L: Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk</p> <p>S: Hummus with Pita Triangles and Milk</p>	<p>1</p> <p>B: Grits, Fresh Cantaloupe and Milk</p> <p>L: Boca Mix, WW Pita Bread, Tossed Salad, Fresh Blueberries, and Milk</p> <p>S: WW Goldfish Crackers, and Milk</p>	<p>2</p> <p>B: Cinnamon Chex, Fresh Bananas and Milk</p> <p>L: Veggie Nugget Fajita in Spinach Wrap, Corn and Black Bean Salad, Diced Cantaloupe and Milk</p> <p>S: Salsa, Corn Tortilla, and Water</p>
<p>5</p> <p>B: Oatmeal, Sliced Peaches and Milk</p> <p>L: Black Bean Patty with Mashed Sweet Potatoes, Green Peas, Orange Slices, WW Dinner Roll and Milk</p> <p>S: WW Animal Crackers and Milk</p>	<p>6</p> <p>B: Rice Chex, Fresh Bananas, and Milk</p> <p>L: Shredded BBQ Veggie Patty on WW Bun, Cole Slaw, Sliced Peaches and Milk</p> <p>S: Yogurt, Fresh Raspberries and Milk</p>	<p>7</p> <p>B: Cinnamon WW Toast, Fresh Strawberries, and Milk</p> <p>L: HM Macaroni and Cheese, Fresh Steamed Spinach, Fresh Blueberries, and Milk</p> <p>S: Goldfish Pretzels and Milk</p>	<p>8</p> <p>B: Egg and Cheese Burrito, Fresh Pears and Milk</p> <p>L: HM Vegetarian Black Bean Pot Pie with Peas and Carrots, Brown Rice, Tropical Fruit and Milk</p> <p>S: Whole Wheat Crackers, Cheddar Chunks, and Water</p>	<p>9</p> <p>B: Whole Wheat Bagels, Cream Cheese, Fresh Apples, and Milk</p> <p>L: Grilled Cheese Sandwich, Tomato Soup, Peaches and Milk</p> <p>S: SunButter and Whole Wheat Crackers, and Milk</p>
<p>12</p> <p>B: Vegetarian Sausage Biscuits, Bananas, and Milk</p> <p>L: Breaded Eggplant with Cheese, Steamed Peas and Carrots, Fresh Apples, WW Dinner Roll, and Milk</p> <p>S: Goldfish Crackers, and Milk</p>	<p>13</p> <p>B: Whole Wheat Bagels, Cream Cheese, Honey Dew Melon, and Milk</p> <p>L: Veggie Patty, Buttered Rice, Italian Vegetable Blend, WW Dinner Roll, and Milk</p> <p>S: Hummus with Pita Triangles and Water</p>	<p>14</p> <p>B: Cheese Grits, Fresh Cantaloupe and Milk</p> <p>L: HM Boca Stroganoff with Egg Noodles, Steamed Carrots, Fresh Green Apples and Milk</p> <p>S: Whole Wheat Animal Crackers, Sliced Oranges and Water</p>	<p>15</p> <p>B: Toasted English Muffins, Applesauce and Milk</p> <p>L: HM Vegetable Alfredo, Steamed Broccoli, Pineapple Tidbits, and Milk</p> <p>S: Salsa, Corn Tortilla, and Water</p>	<p>16</p> <p>B: Cinnamon Chex Cereal, Fresh Pears, and Milk</p> <p>L: Black Bean Patties on WW Bun, Steamed Cauliflower, Tropical Fruit and Milk</p> <p>S: Pimento Cheese with Whole Wheat Crackers, and Water</p>
<p>19</p> <p>Staff Development Day</p> <p>School Closed</p>	<p>20</p> <p>B: Cheerios, Fresh Blueberries and Milk</p> <p>L: Grilled Cheese Sandwich, Vegetable Soup, Peaches and Milk</p> <p>S: Graham Crackers Sun Butter and Milk</p>	<p>21</p> <p>B: Cinnamon Chex Cereal, Fresh Pears, and Milk</p> <p>L: HM Vegetarian Chili, Red Kidney Beans with Rice, Mandarin Oranges and Milk</p> <p>S: Yogurt, Fresh Apples and Water</p>	<p>22</p> <p>B: Oatmeal, Sliced Peaches and Milk</p> <p>L: HM Macaroni and Cheese, Fresh Steamed Spinach, Fresh Blueberries, and Milk</p> <p>S: Whole Wheat Crackers, Cheddar Chunks, and Milk</p>	<p>23</p> <p>B: Whole Wheat Bagels, Cream Cheese, Honey Dew Melon, and Milk</p> <p>L: Boca Cheese Burger with Sweet Potato Waffle Fries, Tropical Fruit, and Milk</p> <p>S: Goldfish Crackers, Bananas and Milk</p>
<p>26</p> <p>B: Toasted WW English Muffins, Applesauce and Milk</p> <p>L: Teriyaki Veggie Nugget, Fried Brown Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk</p> <p>S: Yogurt, Fresh Strawberries and Water</p>	<p>27</p> <p>B: Cornflakes, Fresh Raspberries and Milk</p> <p>L: Breaded Eggplant with Cheese, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk</p> <p>S: Graham Crackers, Sun Butter and Milk</p>	<p>28</p> <p>B: Vegetarian Sausage Biscuits, Bananas, and Milk</p> <p>L: Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk</p> <p>S: Hummus with Pita Triangles and Milk</p>	<p>1</p> <p>B: Grits, Fresh Cantaloupe and Milk</p> <p>L: Boca Mix, WW Pita Bread, Tossed Salad, Fresh Blueberries, and Milk</p> <p>S: WW Goldfish Crackers, and Milk</p>	<p>2</p> <p>B: Cinnamon Chex, Fresh Bananas and Milk</p> <p>L: Veggie Nugget Fajita in Spinach Wrap, Corn and Black Bean Salad, Diced Cantaloupe and Milk</p> <p>S: Salsa, Corn Tortilla, and Water</p>

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Infant & Toddler 1 receive Whole Milk; Toddler 2 – GA Pre-K receive 1% Milk