

January 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 B: English Muffins, Applesauce and Milk L: Teriyaki Chicken, Fried Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk S: Yogurt, Fresh Bananas and Water	2 B: Cornflakes, Fresh Raspberries and Milk L: Baked Cod, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk S: Graham Crackers, Wow Butter and Milk	3 B: Cinnamon Chex, Fresh Bananas and Milk L: HM Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk S: Hummus with Pita Triangles and Milk	4 B: Grits, Fresh Cantaloupe and Milk L: Tuna Salad, WW Pita Bread, Diced Cucumber and Tomato Salad, Fresh Blueberries, and Milk S: WW Goldfish Crackers, and Milk	5 B: Corn Flakes, Bananas, and Milk L: Chicken Fajita with Tricolor Peppers in Tortilla, Corn and Black Bean Salad, Diced Cantaloupe and Milk S: Salsa, Corn Tortilla, and Water
8 B: Oatmeal, Sliced Peaches and Milk L: Roasted Turkey with Gravy, Fresh Cabbage, Orange Slices, Dinner Roll and Milk S: WW Animal Crackers and Milk	9 B: Rice Chex, Fresh Bananas, and Milk L: Shredded BBQ Chicken on WW Bun, Cole Slaw, Sliced Peaches and Milk S: Yogurt, Granola and Milk	10 B: Cinnamon Toast, Diced Peaches, and Milk L: HM Macaroni and Cheese, Chopped Collard Greens, Fresh Blueberries, and Milk S: Goldfish Pretzels and Milk	11 B: Multi Grain Cheerios, Fresh Pears and Milk L: HM Chicken Pot Pie with Peas and Carrots, Brown Rice, Tropical Fruit and Milk S: Whole Wheat Crackers, Cheddar Chunks, and Water	12 B: Whole Wheat Bagels, Cream Cheese, Fresh Apples, and Milk L: Grilled Cheese Sandwich, Tomato Soup, Peaches and Milk S: Wow Butter and Whole Wheat Crackers, and Milk
MLK Jr. Holiday School Closed	16 B: Whole Wheat Bagels, Cream Cheese, Honey Dew Melon, and Milk L: Baked Chicken Legs, Buttered Rice, Italian Vegetable Blend, WW Dinner Roll, and Milk S: : Hummus with Pita Triangles and Milk	17 B: Cheese Grits, Fresh Cantaloupe and Milk L:HM Turkey Stroganoff with Egg Noodles, Steamed Carrots, Fresh Green Apples and Milk S: Whole Wheat Animal Crackers, and Water	18 B: English Muffins, Applesauce and Milk L: HM Chicken Alfredo, Steamed Broccoli, Tropical Fruit and Milk S: Salsa, Corn Tortilla, and Water	19 B: Cinnamon Chex Cereal, Fresh Pears, and Milk L: Chicken Patties on WW Bun, Steamed Cauliflower, Tropical Fruit and Milk S: Goldfish Crackers, and Milk
22 B: Waffles, Dice Peaches and Milk L: Swedish Turkey Meatballs, Brown Rice, Green Peas, Fresh Oranges and Milk S: Bagels, Cream Cheese and Water	23 B: Cheerios, Fresh Blueberries and Milk L: Grilled Cheese Sandwich, Vegetable Soup, Peaches and Milk S: Graham Crackers Wow Butter and Milk	24 B: Cinnamon Chex Cereal, Fresh Pears, and Milk L: HM Turkey Chili, Red Kidney Beans with Rice, Mandarin Oranges and Milk S: Yogurt, Granola and Water	25 B: Oatmeal, Sliced Peaches and Milk L: HM Macaroni and Cheese, Chopped Collard Greens, Fresh Blueberries, and Milk S: Whole Wheat Crackers, Cheddar Chunks, and Milk	26 B: Whole Wheat Bagels, Cream Cheese, Honey Dew Melon, and Milk L: Cheese Burger with Sweet Potato Waffle Fries, Tropical Fruit, and Milk S: Goldfish Crackers, and Milk
29 B: English Muffins, Applesauce and Milk L: Teriyaki Chicken, Fried Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk S: Yogurt, Fresh Bananas and Water	30 B: Cornflakes, Fresh Raspberries and Milk L: Baked Cod, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk S: Graham Crackers, Wow Butter and Milk	31 B: Cinnamon Chex, Fresh Bananas and Milk L: HM Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk S: Hummus with Pita Triangles and Milk	1 B: Grits, Fresh Cantaloupe and Milk L: Tuna Salad, WW Pita Bread, Diced Cucumber and Tomato Salad, Fresh Blueberries, and Milk S: WW Goldfish Crackers, and Milk	2 B: Corn Flakes, Bananas, and Milk L: Chicken Fajita with Tricolor Peppers in Tortilla, Corn and Black Bean Salad, Diced Cantaloupe and Milk S: Salsa, Corn Tortilla, and Water

Clairmont

Phone: 404-315-6340

jmiles-kendall@thecliftonschool.org

Infant & Toddler 1 receive Whole Milk; Toddler 2 – GA Pre-K receive 1% Milk

Clifton

Phone: 404-636-4073

dford@thecliftonschool.org

January 2018 Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>B: English Muffins, Applesauce and Milk L: Teriyaki Veggie Nugget, Fried Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk S: Yogurt, Fresh Bananas and Water</p>	<p>2</p> <p>B: Cornflakes, Fresh Raspberries and Milk L: Breaded Eggplant, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk S: Graham Crackers, Wow Butter and Milk</p>	<p>3</p> <p>B: Cinnamon Chex, Fresh Bananas and Milk L: HM Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk S: Hummus with Pita Triangles and Milk</p>	<p>4</p> <p>B: Grits, Fresh Cantaloupe and Milk L: Boca Salad, WW Pita Bread, Diced Cucumber and Tomato Salad, Fresh Blueberries, and Milk S: WW Goldfish Crackers, and Milk</p>	<p>5</p> <p>B: Corn Flakes, Bananas, and Milk L: Veggie Nugget Fajita with Tricolor Peppers in Tortilla, Corn and Black Bean Salad, Diced Cantaloupe and Milk S: Salsa, Corn Tortilla, and Water</p>
<p>8</p> <p>B: Oatmeal, Sliced Peaches and Milk L: Black Bean Patty, Fresh Cabbage, Orange Slices, Dinner Roll and Milk S: WW Animal Crackers and Milk</p>	<p>9</p> <p>B: Rice Chex, Fresh Bananas, and Milk L: Shredded BBQ Veggie Patty on WW Bun, Cole Slaw, Sliced Peaches and Milk S: Yogurt, Granola and Milk</p>	<p>10</p> <p>B: Cinnamon Toast, Diced Peaches, and Milk L: HM Macaroni and Cheese, Chopped Collard Greens, Fresh Blueberries, and Milk S: Goldfish Pretzels and Milk</p>	<p>11</p> <p>B: Multi Grain Cheerios, Fresh Pears and Milk L: HM Vegetarian Black Bean Pot Pie with Peas and Carrots, Brown Rice, Tropical Fruit and Milk S: Whole Wheat Crackers, Cheddar Chunks, and Water</p>	<p>12</p> <p>B: Whole Wheat Bagels, Cream Cheese, Fresh Apples, and Milk L: Grilled Cheese Sandwich, Tomato Soup, Peaches and Milk S: Wow Butter and Whole Wheat Crackers, and Milk</p>
<p>15</p> <p>MLK Jr. Holiday School Closed</p>	<p>16</p> <p>B: Whole Wheat Bagels, Cream Cheese, Honey Dew Melon, and Milk L: Veggie Chicken Patty, Buttered Rice, Italian Vegetable Blend, WW Dinner Roll, and Milk S: Hummus with Pita Triangles and Milk</p>	<p>17</p> <p>B: Cheese Grits, Fresh Cantaloupe and Milk L: HM Boca Stroganoff with Egg Noodles, Steamed Carrots, Fresh Green Apples and Milk S: Whole Wheat Animal Crackers, and Water</p>	<p>18</p> <p>B: English Muffins, Applesauce and Milk L: HM Vegetable Alfredo, Steamed Broccoli, Tropical Fruit and Milk S: Salsa, Corn Tortilla, and Water</p>	<p>19</p> <p>B: Cinnamon Chex Cereal, Fresh Pears, and Milk L: Black Bean Patties on WW Bun, Steamed Cauliflower, Tropical Fruit and Milk S: Goldfish Crackers, and Milk</p>
<p>22</p> <p>B: Waffles, Dice Peaches and Milk L: Swedish Boca Patty, Brown Rice, Green Peas, Fresh Oranges and Milk S: Bagels, Cream Cheese and Water</p>	<p>23</p> <p>B: Cheerios, Fresh Blueberries and Milk L: Grilled Cheese Sandwich, Vegetable Soup, Peaches and Milk S: Graham Crackers Wow Butter and Milk</p>	<p>24</p> <p>B: Cinnamon Chex Cereal, Fresh Pears, and Milk L: Vegetarian Chili, Red Kidney Beans with Rice, Mandarin Oranges and Milk S: Yogurt, Granola and Milk</p>	<p>25</p> <p>B: Oatmeal, Sliced Peaches and Milk L: HM Macaroni and Cheese, Chopped Collard Greens, Fresh Blueberries, and Milk S: Whole Wheat Crackers, Cheddar Chunks, and Milk</p>	<p>26</p> <p>B: Whole Wheat Bagels, Cream Cheese, Honey Dew Melon, and Milk L: Boca Cheese Burger with Sweet Potato Waffle Fries, Tropical Fruit, and Milk S: Goldfish Crackers, and Milk</p>
<p>29</p> <p>B: English Muffins, Applesauce and Milk L: Teriyaki Veggie Nugget, Fried Rice, Asian Vegetable Blend, Fresh Orange Slices, and Milk S: Yogurt, Fresh Bananas and Water</p>	<p>30</p> <p>B: Cornflakes, Fresh Raspberries and Milk L: Breaded Eggplant, Fresh Spinach, Pineapple Tidbits, WW Dinner Roll, and Milk S: Graham Crackers, Wow Butter and Milk</p>	<p>31</p> <p>B: Cinnamon Chex, Fresh Bananas and Milk L: HM Vegetable Lasagna, Steamed Broccoli, Fresh Red Apples, and Milk S: Hummus with Pita Triangles and Milk</p>	<p>1</p> <p>B: Grits, Fresh Cantaloupe and Milk L: Boca Salad, WW Pita Bread, Diced Cucumber and Tomato Salad, Fresh Blueberries, and Milk S: WW Goldfish Crackers, and Milk</p>	<p>2</p> <p>B: Corn Flakes, Bananas, and Milk L: Veggie Nugget Fajita with Tricolor Peppers in Tortilla, Corn and Black Bean Salad, Diced Cantaloupe and Milk S: Salsa, Corn Tortilla, and Water</p>

Clairmont

Phone: 404-315-6340

jmiles-kendall@thecliftonschoool.org

Clifton

Phone: 404-636-4073

dford@thecliftonschoool.org

Infant & Toddler 1 receive Whole Milk; Toddler 2 – GA Pre-K receive 1% Milk