



# November Menu



				1. B: WW French Toast Fresh Blueberries, and Milk L: Mango Chicken Rice bowls with , Sonoma vegetables and Milk S: Mozzarella Cheese Stick, and W.W. Cracker's, and Water	2. B: Cinnamon Chex Cereal, Peaches, and Milk  L: Breaded Cod Fish on WW Buns, Steamed mixed Vegetables, Fresh Strawberries and Milk  S: Graham Crackers Banana's, and Water	3.
4.	5. B: Warm WW English Muffins with Cream Cheese, Fresh Apples, and Milk L: Gyro Sandwiches(Turkey), Sweet Potatoes Fries, Cantaloupe Melon, and Milk  S: Fresh Pears, Sun Butter, and Water	6. B: Rice Chex Cereal, Mandarin Oranges, and Milk  L: Tomato Soup with Cheese Tortilla, Tropical Fruit, and Milk  S: Graham Crackers, Yogurt, and Water	7. B: Cheese Omelet, W.W.Tortillas, Fresh Bananas, and Milk  L: HM Vegetable Stew (Potatoes, Green Peas, Carrots), with Grilled Chicken, Fresh Apples, and Milk S: Chunk Cheese, WW Crackers, and Water	8. B: WW Waffles with Apple Butter, Slice Peaches, and Milk L: Salisbury Steak Potatoes Green Peas, Fesh Blueberries, and Milk S: Mozzarella Cheese Sticks, W.W. Crackers, and Water	9. B: Corn Flakes, Diced Peaches, and Milk  L: Turkey and Cheese Roll ups on Spinach Wraps, Mixed Vegetables, Fresh Strawberries, and Milk  S: Teddy Graham Crackers, Fresh Blueberries, and Water	10.
11	12. B: Cheese Grits, Fresh Apples, and Milk  L: HM Turkey Spaghetti, Sweet Peas and Carrots, Fresh Sliced Pears and Milk  S: Animal Cracker, and Water	13. B: Corn Flakes, Pineapple Chucks, and Milk L: Chicken Cacciatore, with Bow Tie Pasta, Green Beans, Mandarin Oranges, and Milk  S: Yogurt, Graham Crackers, and Water	14. B: Turkey Sausage, with Biscuit, Bananas and Milk L: Homemade Mac and Cheese, Steamed Spinach, Fresh Strawberries and Milk S: Hummus and W.W. Pitas, and Water	15. B: Warm Blueberry Bagels, Fresh Apples, and Milk L: Grilled Salmon on W.W. Sliders, Sonoma mixed Veg., Fresh Cantaloupe and Milk S: Mozzarella Sticks, W.W. Cracker, and Water	16. B: Kix Cereal, Fresh Blueberries, and Milk L: Oven Roasted Turkey ,Cornbread dressing, Green Beans, Fresh Cranberries Relish, and Milk S: Fresh Blackberries Graham Crackers and Water	17
18	19. B: Cinnamon Oatmeal, Fresh Blueberries, and Milk L: HM Chicken Pot Pie with Carrots, Potatoes, and Peas, Slice Peaches, and Milk  S: Fresh Pears, Sun Butter, and Water	20. B: Cinnamon Chex Cereal, Mix Fruit, and Milk L: Chicken Tenders, Tater Tots, Roasted Mixed Vegetables, Fresh Bananas, and Milk S. Graham Cracker, Fresh Strawberries, and Water	21. B: Boiled Eggs, W.W. Tortilla, Fresh Honeydew, and Milk L: Cranberry Chicken Salad on Spinach wrap, Garden Salad, Fresh Green Apples, and Milk S: Chex Mix, Bananas, and Water	22.  SCHOOL CLOSED  Happy Thanksgiving	23  SCHOOL CLOSED  Happy Thanksgiving	24
25	26. Cheese Grits, Sliced Pears, and Milk  L: Turkey Meat Sauce Lasagna, Peas and Carrots, Fresh Apples, and Milk  S: Yogurt, Graham Crackers, and Water	27. B: Kix Cereal, Fresh Apples, and Milk L: Turkey Tacos, Whole Grain Tortilla, Steamed Carrots, Fresh Strawberries and Milk  S: Salsa, Chips, and Water	28. B: Blueberry Bagels and Cream Cheese, Fresh Sliced Pears, and Milk  L: BBQ Chicken Slider, Black-eyed Peas, Bananas, and Milk  S: Hummus, WW Pitas, and Water	29 B: French Toast Sticks, Fresh Strawberries, and Milk L: Sweetish Meatballs, Mashed Potatoes, Fresh Pears, Sonoma mixed Veg and Milk S: Mozzarella Sticks, W.W. Crackers, and Water	30. B: Multi Grain Cheerios, Fresh Bananas, and Milk  L: Grilled Cheese Quesadilla, Steamed mixed Vegetables, Tropical Fruit, and Milk S: Fresh Mozzarella Cheese Sticks, W.W. Crackers and Water	

Infant & Toddler -1 receive Whole Milk  
Toddler 2 – GA Pre-K receive 2% Milk

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