

	Mon	Tue	Wed	Thu	Fri	Sat
 <h1>November Vegetarian Menu 2017</h1>						
			<p>1 B: English Muffins, Applesauce and Milk</p> <p>L: Boca Sloppy Joe WW Buns, Tater Tots, Pineapple Tidbits, and Milk</p> <p>S: Yogurt, Bananas and Water</p>	<p>2 B: Cornflakes, Fresh Melon and Milk L: BBQ Veggie Patty, Steamed Carrots, Whole Wheat Dinner Rolls, Fresh Green Apples and Milk</p> <p>S: Mozzarella Sticks, Fresh Apples, and Water</p>	<p>3 B: Cinnamon Chex, Fresh Bananas and Milk L: Breaded Veggie Patties on WW Bun, Steamed Cauliflower, Tropical Fruit and Milk S: Pita Triangles with Hummus and Milk</p>	4
5	<p>6 B: Waffles, Dice Peaches and Milk L: HM Bocca with Rotini Pasta, Broccoli, Fresh Cantaloupe and Milk S: Bagels with Cream Cheese and Water</p>	<p>7 B: Rice Chex, Fresh Bananas, and Milk L: HM Grilled Cheese Sandwich, Tomato Soup, Peaches and Milk S: Graham Crackers Sunbutter and Water</p>	<p>8 B: Grits, Fresh Cantaloupe and Milk L: HM Spaghetti with Boca Sauce, Salad (TII and Preschool), Green Beans, Diced Pears and Milk S: WW Goldfish Crackers, and Milk</p>	<p>9 B: Bagels with Cream Cheese, Fresh Apples and Milk L: Breaded Eggplant on WW Bun, Broccoli, Pineapple Tidbits and Milk S: Salsa, Corn Tortilla, and Water</p>	<p>10 B: Cheerios, Fresh Blueberries and Milk L: HM Macaroni & Cheese, Green Peas, Honey Dew Melon, and Milk S: Whole Wheat Crackers, Mozzarella</p>	11
12	<p>13: B: Rice Chex's, Blueberries and Milk L: Veg Nuggets , Potatoes Tots, Garden Salad, Fresh Apples and Milk S: Whole Wheat Animal Crackers, and Water</p>	<p>14 B: Cheerios, Fresh Blueberries and Milk L: HM Chili, Red Kidney Beans with Rice, Mandarin Oranges and Milk S: Yogurt, Granola and Milk</p>	<p>15 B: Bagels with Cream Cheese, Fresh Apples and Milk L: Breaded Eggplant on WW Bun, Broccoli, Pineapple Tidbits and Milk S: WW Animal Crackers and Water</p>	<p>16 B: Cheese Grits, Fresh Pears and Milk L: HM Spaghetti with Sauce, Green Beans, Diced Peaches and Milk S: Pita Triangles with Hummus and Milk</p>	<p>17 B: Corn Flakes, Fresh Bananas and Milk L: Black Bean Burger with Sweet Potato Waffle Fries, Tropical Fruit and Milk S: Bagels, Cream Cheese and Water</p>	18
19	<p>20 B: Whole Wheat Bagels, Cream Cheese, Fresh Honey Dew Melon, and Milk L: Asian Veggie Patty, Sweet Potatoes Fries, Green Beans, Corn Bread Dressing and Milk S: Goldfish Crackers, and Milk</p>	<p>21 B: Cinnamon Chex Cereal, Fresh Pears, and Milk L: HM Chili Mac Stew with Whole Wheat Pasta, Fresh Blue Berries and Milk S: Yogurt and Graham Crackers, and Water</p>	<p>22 B: Pancakes, Apple Sauce, and Milk L : HM Black Bean Taco on Whole Wheat Tortilla , Sonoma Mixed Vegetable, Fresh Pears, and Milk S: Goldfish Pretzels and Milk</p>	<p>23 School Closed</p>	<p>24 School Closed</p>	25
26	<p>27 B: Oatmeal, Sliced Peaches and Milk L: HM Vegetable Soup with Clack Beans and Wheat Crackers, Fresh Apples, and Milk S: Sun Butter and Whole Wheat Crackers, and Water</p>	<p>28 B: Multi Grain Cheerios , Fresh Pears and milk L: HM Cheese on Whole Wheat Tortilla, Fresh Pears, and Milk S: Fresh Bananas and Graham Cracker, and Water</p>	<p>29 B: Cinnamon Toast, Diced Peaches, and Milk L: HM Spaghetti ,with Whole Wheat Pasta, Green Beans, Pineapple Chunks, and Milk S: Whole Wheat Crackers, Cheddar Chunks, and Water</p>	<p>30 B: Whole Wheat Bagels, Cream Cheese, Fresh Apples, and Milk L: HM Macaroni and Cheese, Steam Spinach, Fresh Pears and Milk S: Tortilla Chips, Tomatoes Salsa, and Water</p>	HM=Homemade	

Infant & Toddler 1 receive Whole Milk
Toddler 2 – GA Pre-K receive 2% Milk