



SEPTEMBER

	3. LABOR DAY SCHOOL CLOSED	4. B: Multi Grain Cheerios, Fresh Raspberries and Milk L: Chicken Nuggets, Potato Tots, Sonoma veg. and Pineapple Chunks, and Milk S: Yogurt, and Graham Crackers, Water	5. B: WW Bagels with Cream Cheese, Sliced Pears and Milk L: HM Salmon Alfredo with Bowtie Pasta, and Broccoli, Tropical Fruit and Milk S. Chex Mix and Milk	6 B: WW Pancakes, Apples Sauce, and Milk L: BBQ Chicken Sliders, Cauliflower, Blueberries, and Milk S: Mozzarella Cheese Stick, and W.W. Cracker's, and Water	7 B: Cinnamon Chex Cereal, Peaches, and Milk L: Fillet of Cod on Whole Grain Bun, Steamed Carrots, Strawberries and Milk S: Graham Crackers Banana's, and Water	8
9	10 B: WW English Muffins with Cream Cheese, Fresh Apples, and Milk L: Mushroom Chicken Vegetable Rice with Sonoma Veg, Cantaloupe Melon, and Milk S: Pears and Sun Butter, and Water	11. B: Rice Chex Cereal, Mandarin Oranges, and Milk L: Beef Stew with /Potatoes and Carrots, Tropical Fruit, and Milk S: Cheese Chunks and W.W, Crackers, and Water	12. B: Cheese Omelet, W.W. Tortillas, Fresh Raspberries and Milk L: HM Vegetable Soup with Grilled Chicken, Potatoes, Green Peas ,Carrots, Fresh Apples, and Milk S: Yogurt, Graham Cracker, and Water	13. B: WW Waffles with Apple Butter, Peaches, and Milk L: Cheese Ravioli, Lima Beans, Mandarin Oranges, and Milk S: Teddy Graham Crackers, and Milk	14. B: WW Bagels, Cream Cheese, Diced Peaches, and Milk L: Turkey and Cheese Roll ups on Spinach Wraps, Mixed Vegetables, Strawberries, and Milk S: Cottage Cheese and Raspberries, Water	15
16	17. B Cheese Grits, Fresh Apples, and Milk L: Baked Pollock Filet with WW Bun, Sweet Peas and Carrots, Sliced Pears and Milk S: Animal's Cracker, and Milk	18. B: Corn Flakes, Pineapple Chucks, and Milk L: Chicken Fajita, W.W. Tortilla. Black Bean, Mandarin Oranges, and Milk S: Yogurt, Graham Crackers, and Water	19. B: Turkey Sausage gravy with Biscuit, Bananas and Milk L: Homemade Mac and Cheese, Steamed Green Beans, Fresh Strawberries and Milk S: Hummus and W.W. Pitas, and Water	20. B: WW French Toast Sticks, Apples Sauce, and Milk L: Teriyaki Salmon W.W Sliders, Sonoma mixed Veg Cantaloupe and Milk S: Mozzarella sticks and W.W. Cracker, and Water	21. B: Kixs Cereal, Fresh Blueberries, and Milk L: Cheese Burger Slider, Roasted Mixed Vegetables Fresh Raspberries, and Milk S: Graham Crackers and Milk	22
23	24. B: WW English Muffin, Apple Sauce, and Milk L: HM. Chicken Pot Pie with Carrots, Potatoes, and Peas , Peaches, and Milk S: Fresh Pears, Sun Butter, and Water	25. B: Rice Chex Cereal, Mix Fruit, and Milk L: Italian Turkey Meatballs, Whole Grain Sub Rolls, Cauliflower, Tropical Fruit, and Milk S: Yogurt, WW Graham Cracker, and Water	26. B: Boiled Eggs, W.W. Tortilla, Fresh Blueberries, and Milk L: HM Curry Chicken with Carrots and Potatoes, Yellow Rice, Green Apple and Milk S: Cheese Chunks and W.W. Crackers, and Water	27. B: W.W. Waffles with Apple Jelly, Peaches, and Milk L: Grilled Cheese Quesadilla, Tomato Soup, Pineapple Tidbits, and Milk S: Teddy Grahams and Milk	28 B: Corn Flake Cereal, Fresh Raspberries, and Milk L: HM Turkey Chili with Kidney Beans, Cornbread, Fresh Cantaloupe, and Milk S: Cottage Cheese, Blackberries, and Water	29
30	1. B: Blueberry Bagels with Cream Cheese and Sliced Pears, and Milk L: Asian Chicken Drumsticks, Brown Rice, Black Eye Peas, Fresh Apples, and Milk S: Chex Mix, and Milk	2. B: Kix Cereal, Fresh Apples, and Milk. L :Pineapple Chicken Taco, Whole Grain Corn Tortilla, Steamed Carrots, Fresh Strawberries and Milk S: Yogurt Graham Cracker, and Water	3. B: Turkey Sausage and Biscuits, Sliced Pears, and Milk L: Vegetable and Cheese Lasagna, Italian Vegetables, Green Apples and Milk S: Hummus, and WW Pitas, and Water	4. B: French Toast Sticks, Fresh Raspberries, and Milk L: Mango chicken Rice Bowls, Fresh Pears, Sonoma mixed Veg and Milk S: Mozzarella Sticks, W.W. Crackers, and Water	5. B: Multi Grain Cheerios, Bananas, and Milk L: Breaded Cod Fish Sticks on Whole Grain Bun, Steamed Mixed Vegetables, Fresh Strawberries, and Milk S:Cottage Cheese, Fresh Blueberries and Water	6.

Infant & Toddler -1 receive Whole Milk
Toddler 2 – GA Pre-K receive 2% Milk

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