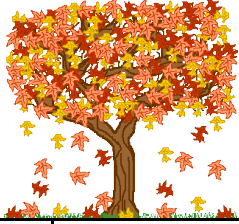


# September Vegetarian Menu



	<p>3.</p> <p><b>LABOR DAY SCHOOL CLOSED</b></p>	<p>4.</p> <p>B: Multi Grain Cheerios, Fresh Raspberries and Milk</p> <p>L: Vegetable Nuggets, Potato Tots, Sonoma veg. and Pineapple Chunks, and Milk</p> <p>S: Yogurt, and Graham Crackers,</p>	<p>5.</p> <p>B: WW Bagels with Cream Cheese, Sliced Pears and Milk</p> <p>L: HM Cheese Alfredo with Bowtie Pasta, and Broccoli, Tropical Fruit and Milk</p> <p>S: Chex Mix and Milk</p>	<p>6.</p> <p>B: WW Pancakes, Apples Sauce, and Milk</p> <p>L: BBQ Veg. Nuggets Sliders, Cauliflower, Blueberries, and Milk</p> <p>S: Mozzarella Cheese Stick, and W.W. Cracker's, and Water</p>	<p>7.</p> <p>B: Cinnamon Chex Cereal, Peaches, and Milk</p> <p>L: Filet of Egg Plant with Whole Grain Bun, Steamed Carrots, Strawberries and Milk</p> <p>S: Graham Crackers Banana's, and Water</p>	<p>8</p>
<p>9</p>	<p>10</p> <p>B: WW English Muffins with Cream Cheese, Fresh Apples, and Milk</p> <p>L: Mushroom Boco Vegetable Rice with Sonoma Veg, Cantaloupe Melon, and Milk</p> <p>S: Pears and Sun Butter, and Water</p>	<p>11.</p> <p>B: Rice Chex Cereal, Mandarin Oranges, and Milk</p> <p>L: Black Bean Stew with /Potatoes and Carrots, Tropical Fruit, and Milk</p> <p>S: Cheese Chunks and W.W, Crackers, and Water</p>	<p>12.</p> <p>B: Cheese Omelet, W.W. Tortillas, Fresh Raspberries and Milk</p> <p>L: HM Vegetable Boco Crumbles Soup with Potatoes, Green Peas, and Carrots, Fresh Apples, and Milk</p> <p>S: Yogurt, Graham Cracker,</p>	<p>13.</p> <p>B: WW Waffles with Apple Butter, Peaches, and Milk</p> <p>L: Cheese Ravioli, Lima Beans, Mandarin Oranges, and Milk</p> <p>S: Teddy Graham Crackers, and Milk</p>	<p>14.</p> <p>B: WW Bagels, Cream Cheese, Diced Peaches, and Milk</p> <p>L: Cheese Roll ups on Spinach Wraps, Mixed Vegetables, Strawberries, and Milk</p> <p>S: Cottage Cheese and Raspberries, Water</p>	<p>15</p>
<p>16</p>	<p>17.</p> <p>B Cheese Grits, Fresh Apples, and Milk</p> <p>L: Baked Vegetarian Burger with WW Bun, Sweet Peas and Carrots, Sliced Pears and Milk</p> <p>S: Animal's Cracker, and Milk</p>	<p>18.</p> <p>B: Corn Flakes, Pineapple Chunks, and Milk</p> <p>L: Vegetable Fajita, W.W. Tortilla. Black Bean, Mandarin Oranges, and Milk</p> <p>S: Yogurt, Graham Crackers, and Water</p>	<p>19.</p> <p>B: Vegetarian Sausage gravy with Biscuit, Bananas and Milk</p> <p>L: Homemade Mac and Cheese, Steamed Green Beans, Fresh Strawberries and Milk</p> <p>S: Hummus and W.W. Pitas, and Water</p>	<p>20.</p> <p>B: WW French Toast Sticks, Apples Sauce, and Milk</p> <p>L: Teriyaki Black Bean, W.W Sliders, Sonoma mixed Veg Cantaloupe and Milk</p> <p>S: Mozzarella sticks and W.W. Cracker, and Water</p>	<p>21.</p> <p>B: Kixs Cereal, Fresh Blueberries, and Milk</p> <p>L: Boco Burger Slider, Roasted Mixed Vegetables Fresh Raspberries, and Milk</p> <p>S: Graham Crackers and Milk</p>	<p>22</p>
<p>23</p>	<p>24.</p> <p>B: WW English Muffin, Apple Sauce, and Milk</p> <p>L: HM Vegetarian Pot Pie with Carrots, Potatoes, Black Beans and Peas , Peaches, and Milk</p> <p>S: Fresh Pears, Sun Butter, and Water</p>	<p>25.</p> <p>B: Rice Chex Cereal, Mix Fruit, and Milk</p> <p>L: Italian Vegetarian Nuggets, Whole Grain Sub Rolls, Cauliflower, Tropical Fruit, and Milk</p> <p>S: Yogurt, WW Graham Cracker, and Water</p>	<p>26.</p> <p>B: Boiled Eggs, W.W. Tortilla, Fresh Blueberries, and Milk</p> <p>L: HM Curry Vegetable Strips with Carrots and Potatoes, on Yellow Rice, Green Apple and Milk</p> <p>S: Cheese Chunks and W.W. Crackers, and Water</p>	<p>27.</p> <p>B: W.W. Waffles with Apple Jelly, Peaches, and Milk</p> <p>L: Grilled Cheese Quesadilla, Tomato Soup, Pineapple Tidbits, and Milk</p> <p>S: Teddy Grahams and Milk</p>	<p>28</p> <p>B: Corn Flake Cereal, Fresh Raspberries, and Milk</p> <p>L: HM Boco Chili with Kidney Beans, Cornbread, Fresh Cantaloupe, and Milk</p> <p>S: Cottage Cheese, Blackberries, and Water</p>	<p>29</p>
<p>30</p>	<p>1.</p> <p>B: Blueberry Bagels with Cream Cheese and Sliced Pears, and Milk</p> <p>L: Asian Chicken Nuggets, Brown Rice, Black Eye Peas, Fresh Apples, and Milk</p> <p>S: Chex Mix, and Milk</p>	<p>2.</p> <p>B: Kix Cereal, Fresh Apples, and Milk.</p> <p>L :Pineapple Boco Taco, Whole Grain Corn Tortilla, Steamed Carrots, Fresh Strawberries and Milk</p> <p>S: Yogurt Graham Cracker, and Water</p>	<p>3.</p> <p>B: Turkey Sausage and Biscuits, Sliced Pears, and Milk</p> <p>L: Vegetable and Cheese Lasagna, Italian Vegetables, Green Apples and Milk</p> <p>S: Hummus, and WW Pitas, and Water</p>	<p>4.</p> <p>B: French Toast Sticks, Fresh Raspberries, and Milk</p> <p>L: Mango Vegetable Rice Bowls with Veggie Strips(Peas, Black Beans, Carrots and Brown Rice), Fresh Pears, Sonoma mixed Veg and Milk</p> <p>S: Mozzarella Sticks, WW Crackers, and Water</p>	<p>5.</p> <p>B: Multi Grain Cheerios, Bananas, and Milk</p> <p>L: Breaded Filet Egg Plant with Whole Grain Bun, Steamed Mixed Vegetables, Fresh Strawberries, and Milk</p> <p>S:Cottage Cheese, Fresh Blueberries and Water</p>	<p>6.</p>

Infant & Toddler -1 receive Whole Milk  
 Toddler 2 – GA Pre-K receive 2% Milk

