



## Baby Talk: Resources To Support The People Who Work With Infants and Toddlers

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### Formula for Success: Engaging Families in Early Math Learning

Early math ability is one of the best predictors of children's later success in school. This compilation of articles written by researchers and program developers was designed to provide families with guidance, inspiration, and motivation to support their young children's mathematical development effectively. Taken together, they show that math is part of our everyday lives, and as such, is conditioned by relationships, culture, and values; math can be an enjoyable parent-child experience; and digital media can be harnessed to promote math learning—for children and parents.

<https://globalfrp.org/content/download/83/561/file/Early%20Math%20FINE.pdf>

### Talk With Me Baby Training Module

This eight-session course, which includes multimedia content from the Center on the Developing Child, is designed to empower and support families so that they can engage in meaningful conversations with their young children and advance their language and lifelong learning. <http://developingchild.harvard.edu/resources/training-module-talk-baby/>

### Slacker Parents Beware: Your Babies May Follow In Your Footsteps

Don't quit, parents. When 15-month-old babies watched a grown-up try hard to solve a problem, they were twice as persistent at tackling a tricky puzzle themselves, a new study shows. The work suggests that perseverance can be learned at a very young age, especially if parents let their babies see them break a sweat.

<http://www.sciencemag.org/news/2017/09/slacker-parents-beware-your-babies-may-follow-your-footsteps>

### Benefits of Bilingualism

Some families avoid speaking their native language at home for fear of confusing their children by presenting two languages at once. Actually, learning to be bilingual actually improves children's concentration – and that enhanced focus offers lifelong advantages. To learn more, visit <https://childandfamilyblog.com/bilingual-children-focus/>

### Building Strong Foundations: Advancing Comprehensive Policies for Infants, Toddlers, and Families

A new collaborative project is promoting federal and state policies that comprehensively address the well-being of infants and toddlers and their families. The work is guided by **framework** (<https://www.zerotothree.org/resources/2054-building-strong-foundations-a-policy-framework-for-infants-toddlers-and-families>) that outlines the needs of infants and toddlers, recognizing that all children need healthy bodies, healthy minds and healthy parents; economically stable families; strong parents; and high-quality child care and early education opportunities. In the first phase of *Building Strong Foundations*, **13 policies** (<https://www.zerotothree.org/resources/2055-building-strong-foundations-13-core-policies-for-infants-toddlers-and-families>) that are core to advancing infant-toddler well-being have been identified. Over the next month, a series of policy papers will be published to make the case for these essential core policies and identify action steps for federal and state policymakers to build and improve upon them.

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features high quality, readily available, and free resources. To join the listserv, send an email **with no message** to [subscribe-babytalk@listserv.unc.edu](mailto:subscribe-babytalk@listserv.unc.edu)

**Highlighting indicates resources that are available in English and Spanish.** Past issues are archived at <http://fpg.unc.edu/resources/baby-talk-archive> To suggest resources, please contact Camille Catlett at [camille.catlett@unc.edu](mailto:camille.catlett@unc.edu)