

Hi, everyone. Here is the October 2014 issue of **Baby Talk**.

To enable you to use the **Baby Talk** flyer as a handout or to share information about a free subscription, I have inserted the **Baby Talk** message below and have also attached it as a document.

Please let me know if you have any questions, suggestions, or feedback. Camille



Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

Issue No. 41 October 2014

ZERO TO THREE'S Let's Play App

The [Let's Play app](#) was developed by ZERO TO THREE to provide families with fun ideas for keeping babies, toddlers and preschoolers entertained and learning, especially during daily routines like commuting; doing chores; bedtime bath time, and mealtime activities; and shopping. The Let's Play app also includes "boredom busters" that can be used any time that families are together. Families can search activities by age (0–18 months, 18–36 months, and 3–5 years), tag favorites, and share activities via social media. All of the activities reflect children's typical skills at each age, and are designed to support development in the context of play and family routines. Download the app at <https://itunes.apple.com/us/app/zero-to-three-lets-play/id807952060?mt=8>

Facing the Screen Dilemma: Young Children, Technology and Early Education

This guide is designed to help educators and parents make informed decisions about whether, why, how, and when to use screen technologies with young children. Just because products are marketed as "educational" doesn't mean they are. How do we best support children's growth, development, and learning in a world radically changed by technology? <http://www.allianceforchildhood.org/sites/allianceforchildhood.org/files/file/FacingtheScreenDilemma.pdf>

Promoting Social-Emotional Development: Helping Infants Learn About Feelings

Here's a great article from the July 2014 issue of *Young Children*. The title says it all! http://www.naeyc.org/yc/files/yc/file/201407/YC0714_Rocking_and_Rolling.pdf

Enhancing and Practicing Executive Function Skills with Infants and Toddlers

Executive function and self-regulation (EF/SR) skills provide critical supports for learning and development, and while we aren't born with these skills, we are born with the potential to develop them through interactions and practice. This new 16-page guide describes a variety of activities and games that represent age-appropriate ways for adults to support and strengthen various components of EF/SR in children. Each chapter of this guide contains activities suited for a different age group, including activities for 6-18 month olds and 18-36 month olds. The guide may be read in its entirety (which includes the introduction and references) or in discrete sections geared to specific age groups. http://developingchild.harvard.edu/resources/tools_and_guides/enhancing_and_practicing_executive_function_skills_with_children/

A Language-Behavior Connection

A recent study conducted by researchers at Indiana University suggests that children who lack strong language skills have a reduced ability to regulate their behavior, which increases their likelihood of developing inattentive-hyperactive behavior problems.

<http://www.healthcanal.com/mental-health-behavior/53055-iu-study-links-poor-early-language-skills-to-later-behavior-and-attention-problems.html>

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9302959&fileId=S0954579414000698>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features resources that are high quality, readily available and free. To join the listserv, send an email **with no message** to subscribe-babytalk@listserv.unc.edu To suggest resources, please contact Camille Catlett at camille.catlett@unc.edu or (919) 966-6635.

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<http://www.fpg.unc.edu/~scpp> (Systems Change Projects)

<http://www.fpg.unc.edu/~scpp/crosswalks> (Crosswalks Project)

<http://www.fpg.unc.edu/~npdci> (National Professional Development Center on Inclusion/NPDCI)

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