

Good Afternoon Families,

Please review the following updates:

Updated Travel Practice

Due to the high level of viral spread across the country (https://covid.cdc.gov/covid-data-tracker/#cases_casesper100klast7days), The Clifton School will implement the following practice for winter holiday travel (domestic and international). All children or staff should not return to school for a minimum of 7 days after a trip. Children or staff who travel should be tested for COVID-19 3-5 days after traveling. Families who do not want to get their children tested will not return to school for 10 days after traveling. The safest thing would be to not travel at all.

Please review the CDC's post-travel recommendations below:

After You Travel:

You may have been exposed to COVID-19 on your travels. You may feel well and not have any symptoms, but you can still spread the virus to others. **You and your travel companions (including children) may pose a risk to your family, friends, and community after your travel.**

- Consider getting tested with a [viral test](#) 3–5 days after your trip and reduce [non-essential activities](#) for a full 7 days after travel, even if your test is negative. If you don't get tested, consider reducing non-essential activities for 10 days. <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

Quarantine Guidance

We are aware that the CDC has provided options to reduce quarantine times. The Clifton School has not yet adopted that practice. We have not received guidance from child care licensing, and during the time when cases are on the rise in our community, we will practice high levels of mitigation and adhere to the standard 14-day quarantine period.

Morning Drop-off

To help the morning health screening process run a little more smoothly, please do not have your child layered in outer clothing. The layers of coats and hats combined with the heater blowing in your automobile can cause an inaccurate reading on the thermometer. Please see the information below on winter car seat safety. We would also like to acknowledge our dedicated and hardworking administrative crew. They endure cold temperatures to ensure that each family is screened and the children are entering a healthy learning environment. We appreciate all that they do.

<https://www.healthychildren.org/English/safety-prevention/on-the-go/Pages/Winter-Car-Seat-Safety-Tips.aspx#:~:text=As%20a%20general%20rule%2C%20bulky,be%20thrown%20from%20the%20seat.>

Thank you for continuing to adhere to our COVID-19 policies and practices. Please continue to wear a mask, wash your hands, practice social distancing, and get your flu shot!

Be well,

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