

	Mon	Tue	Wed	Thu	Fri	
JANUARY 2021/ VEGETARIAN						
					1 HAPPY NEW YEAR!!	
	4 B- Warm Bagels with Cream Cheese, Fresh Blackberries, and Milk L-Homemade Tri-Colored Cheese Tortellini in Garlic Butter Sauce, Broccoli, Tropical Fruit Mix, and Milk S- Goldfish Pretzels and Milk	5 B-Cinnamon Chex, Fresh Pears, and Milk L- Black Bean Patty and Grits Steamed Green Beans, Mandarin Oranges, and Milk S- Cheddar Cheese Chex, Fresh Bananas	6 B- Cheese Omelet, WW Tortilla, Fresh Bananas and Milk L- Homemade Egg salad with WW Bread, Steamed Carrots, Fresh Blueberries and Milk S- Animal Crackers and Milk	7 B- Turkey Sausage Biscuits, Fresh Green Apples and Milk L-Homemade Bocca Spaghetti with Turkey Meat Sauce, Steamed Cauliflower, Dragon Fruit Mix, and Milk S- Graham Crackers, Yogurt, and Water	8 B- Corn Flakes, Fresh Raspberries, Milk L- Cheese roll up, Fresh Green Salad, Fresh Honey Dew Melon, and Milk S-WW Crackers and Strawberry Cream Cheese, Water	
	11 B- Turkey Sausage, Hash Browns, Fresh Pears, and Milk L-Homemade Macaroni and Cheese, Green Beans, Tropical Fruit, and Milk S- WW Bagel with Strawberry Cream	12 B- Kix Cereal, Fresh Bananas and Milk L- Homemade Veggie Chicken Tetrizzini with Peas and Carrots, Fresh Strawberries, and Milk S- Cheddar Cheese Cubes and Fresh Sliced	13 B-Apple Cinnamon Oatmeal, Fresh Cantaloupe, Milk L-Homemade Veggie Lemon Grass Chicken with Bowtie Pasta, Broccoli, Diced Mangoes, and Milk S- Goldfish Crackers and Milk	14 B- Warm English Muffins, Applesauce and Milk L- BBQ Chicken Nuggets Steamed Corn, Fresh Pears, and Milk S-Sun Butter, WW Crackers	15 B- Rice Chex, Fresh Blueberries and Milk L-Homemade Veggie Chili w/ Kidney Beans, Tomatoes and Brown Rice, Mandarin Oranges and Milk S- Goldfish Pretzels and Milk	
	18 B-Blueberry Bagels and Cream Cheese, Fresh Apples, Milk L-Homemade Grilled Cheese Sandwiches WW bread, Tomato Soup, Fresh Bananas, and Milk S-Animal Crackers and Milk	19 B- Rice Chex, Fresh Blackberries and Milk L-Homemade Veggie Chicken Pot Pie, with Peas and Carrots, Brown Rice, Diced Pineapples and Milk S-WW Crackers, Apple Butter and Water	20 B-Grits, Fresh Cantaloupe and Milk L-Egg Plant Parmesan Steamed Carrots, WW Dinner Rolls, Honey Dew Melon and Milk S-Chex Mix and Bananas	21 B-Oatmeal, Fresh Bananas and Milk L-Homemade Bocca Spaghetti with Turkey Meat Sauce, Steamed Green Beans, Mandarin Oranges and Milk S- Goldfish Pretzels and Apple Sauce.	22 B- Cinnamon Chex, Fresh Pears, and Milk L-Homemade Veggie Chicken Chili, Pinto Beans, Cauliflower, Fresh Red Apples and Milk S- Graham Crackers and Milk	
	25 B-WW Pancakes, applesauce, Milk L-Homemade Cheese Alfredo, Steamed Broccoli, Fresh Apples and Milk S-Mozzarella Cheese Sticks and WW Crackers	26 B-Cheerios, Fresh Blueberries, milk L-Bean and Cheese Burrito, Black Bean and Corn Blend, Diced Mangos, and Milk S- Tortilla Chips with Guacamole and Water	27 B-Cheese Omelets, WW Tortillas, Fresh Apples, and Milk. L-Teriyaki Veggie Chicken Nuggets Yellow Rice, Diced Peaches and Milk S- Animal Crackers, Milk	28 B-Cinnamon Chex, Fresh Pears, and Milk L- Black bean patty and grits Steamed Green Beans, Mandarin Oranges, and Milk S- Cheddar Cheese Chex, Fresh Bananas	29 B-Corn Flakes, Fresh Blueberries, and Milk L- Cheese Roll Ups, Garden Salad, Pineapples, Milk S- Graham Crackers, Cranberries	

**Infant & Toddler -1 receive Whole Milk
Toddler 2 – GA Pre-K receive 2% Milk**

Clairmont
Phone: 404-315-6340
jmiles@thecliftonschool.org

Clifton
Phone: 404-636-4073
dford@thecliftonschool.org