

	Mon	Tue	Wed	Thu	Fri	Sat
<h1>January Vegetarian Menu 2022</h1>						
	<p>3</p> <p>B: Oatmeal, Fresh Bananas, and Milk</p> <p>L: Grilled Cheese Sandwiches, Tomato Soup, Honey Dew, and Milk</p> <p>S: Gold Fish Pretzels and Milk</p>	<p>4</p> <p>B: Cheerios, Fresh Strawberries, and Milk</p> <p>L: Cheese and Broccoli Casserole, Steamed Rice, Fresh Pears and Milk</p> <p>S: Graham Crackers and Strawberry Cream Cheese and Water</p>	<p>5</p> <p>B: Warm Tortilla, Vegan Eggs, Applesauce and Milk</p> <p>L: Veggie Tortilla Soup with Tomatoes and Potatoes, Strawberries, and Milk</p> <p>S: WW Crackers, Cheese Sticks, and Water</p>	<p>6</p> <p>B: Homemade Oatmeal, Blueberries and Milk</p> <p>L: Veggie Chicken Nuggets, Brown Rice, Sweet Peas, Fresh Apples and Milk</p> <p>S: WW Goldfish Crackers, Sun Butter and Water</p>	<p>7</p> <p>B: Cinnamon Chex Bananas, and Milk</p> <p>L: Grilled Vegetables and Cheese Sandwich, Tropical Fruit and Milk</p> <p>S: Graham Crackers and Mandarin Oranges, and Water</p>	
	<p>10</p> <p>B: Homemade Grits, Bananas, and Milk</p> <p>L: Pasta Primavera W/ Tomatoes and Parmesan Cheese and Milk</p> <p>S: Diced Cheese, Corn Chips, and Water</p>	<p>11</p> <p>B: Cheerio Cereal, Fresh Blueberries, and Milk</p> <p>L: Homemade Veggie Jambalaya with Yellow Rice, Black Bean, Diced Peaches and Milk</p> <p>S: Fresh Apples with Sun Butter and Water</p>	<p>12.</p> <p>B: WW Waffles, Apple Sauce and Milk</p> <p>L: Homemade Veggie Pot Pie W/ Peas, Carrots, Fresh Blackberries, Milk</p> <p>S: Graham Crackers, Fresh Raspberries, and Water</p>	<p>13.</p> <p>B: WW Pancakes, Sliced Peaches and Milk</p> <p>L: Teriyaki Veggie Nuggets, Steamed Green Beans, Fresh Apples, WW Dinner Rolls and Milk</p> <p>S: Tortilla Chips with Hummus, and Water</p>	<p>14</p> <p>B: Corn Flakes Cereal, Fresh Blueberries, and Milk</p> <p>L: Boca Taco, WW Tortilla, with Diced Tomatoes and Cheese, Diced Pears, Milk</p> <p>S: Animal Crackers, Applesauce and Water</p>	
	<p>17.</p> <p style="text-align: center;">MLK Holiday School Closed</p>	<p>18</p> <p>B: Rice Chex Cereal, Fresh Red Apples, and Milk</p> <p>L: Boca Salad on WW Bread, Garden Salad Tropical Fruit, and Milk</p> <p>S: Chex Mix, Sliced Apples, and Water</p>	<p>19.</p> <p>B: English Muffins, Apple Sauce and Milk</p> <p>L: Boca Marinara Sauce with Pasta, Steam Green Beans, Fresh Blueberries, and Milk</p> <p>S: Cheese Sticks, WW Crackers and Water</p>	<p>20</p> <p>B: WW Blueberry Bagels, Fresh Blueberries, and Milk</p> <p>L: Homemade Veggie Noodle Soup with Vegetables, Fresh Raspberries and Milk</p> <p>S: Pita Bread, Hummus and Water</p>	<p>21</p> <p>B: Homemade Grits, Bananas, and Milk</p> <p>L: Breaded Eggplant, Coleslaw, Blueberries, WW Rolls, and Milk</p> <p>S: Gold Fish Wheat Crackers, Apples Sauce and Water</p>	
	<p>24</p> <p>B: Vegan Egg Patty, WW Tortilla, Fresh Blackberries and Milk</p> <p>L: Pasta Marinara with Cheese, Sonoma Vegetable Blend Cantaloupe and Milk</p> <p>S: Goldfish, Apple Sauce and Water</p>	<p>25.</p> <p>B: Kix Cereal, Fresh Blueberries and Milk</p> <p>L: Grilled Veggie and Cheese Rollup, Garden Salad, Diced Pears and Milk</p> <p>S: Animal Crackers, Fresh Raspberries, and Water</p>	<p>26</p> <p>B: Homemade Cheese Grits, Diced Cantaloupe, and Milk</p> <p>L: Boca Salad on WW Crackers, Coleslaw, Sliced Apples and Milk</p> <p>S: Graham Crackers and Raspberries and Water</p>	<p>27</p> <p>B: WW Waffles, Diced Peaches, and Milk</p> <p>L: Veggie Nuggets, Diced Carrots, Tropical Fruit, WW Dinner Rolls and Milk</p> <p>S: WW Crackers and Sliced Cheese and Water</p>	<p>28</p> <p>B: Rice Chex, Diced Pears, and Milk</p> <p>L: Boca Meatball Sub W/Marinara Sauce and Mozzarella Cheese, Green Beans, and Milk</p> <p>S: Chex Mix, and Milk</p>	
	<p>31</p> <p>B: Oatmeal, Fresh Bananas, and Milk.</p> <p>L: Grilled Cheese Sandwiches, Tomato Soup, Honey Dew, and Milk</p> <p>S: Gold Fish Pretzels and Milk</p>					