

Mon

Tue

Wed

Thu

Fri

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# August Vegetarian Menu 2022

		2. B: Corn Flakes, Fresh Blueberries, and Milk  L: Teriyaki Vegan Meatballs, WW Rolls, Steamed Carrots, Mangoes, and Milk  S: Bananas, Animal Crackers, and Water	3. B: Blueberry Bagels, Cream Cheese, Blackberries, and Milk  L: Orange Vegan Chicken, Rice Steam Broccoli, Pineapple Tidbits, and Milk  S: Goldfish Crackers, Tropical Fruit, and Water	4. B: Grits, Fresh Strawberries, Milk  L: Vegan Chicken Salad Croissants, Green Peas, Oranges, Milk  S: W.W. Crackers Diced Peaches, Water	5. B: Cinnamon Chex Fresh Pears, Milk  L: Boca Sloppy Joe on WW Buns, Coleslaw, Fresh Apples, Milk  S: Tortillas, Sun Butter, Bananas, and Water	
8. B: W.W. Waffles, Peaches, and Milk  L: Veggie Nuggets, Carrots and Peas, W.W. Rolls, Fresh Strawberries, and Milk S: Pretzel Goldfish, Blackberries, and Water	9. B: Cheerios Cereal, Fresh Blueberries, and Milk L: Vegan Stir Fry with Yellow Rice, Sonoma Vegetables, Watermelon, and Milk S: Fresh Apples with Sun Butter and Water	10. B: Vegan Sausage Biscuit, Bananas, and Milk L: Cheese on Spinach Wrap, Cantaloupe, Garden Salad, and Milk S: Graham Crackers, Yogurt, and Water	11. B: WW Pancakes, Applesauce and Milk L: Vegan Chicken, Herb Noodles, Mixed Vegetables, Blackberries, and Milk S: Tortilla Chips and Guacamole Hummus, and Water	12. B: Corn Flakes, Fresh Blueberries, and Milk L: Boca Taco WW Tortilla, with Corn Tomatoes, Fresh Strawberries, Milk S: Animal Crackers, Raspberries, and Water		
15. B: WW Bagels, Honeydew, and Milk  L: Homemade Mac and Cheese, Green Peas, Tropical Fruit, and Milk  S: Animal Crackers, Yogurt, and Water	16. B: Corn Flakes Cereal, Fresh Apples, and Milk  L: Vegan Salad with WW Crackers, Mixed Vegetables, Fresh Strawberries, and Milk  S: Chex Mix, Strawberry Applesauce, and Water	17. B: Egg Patty with WW Tortilla, Bananas, and Milk  L: Vegan Chicken, WW Rolls, Steamed Carrots, Fresh Pears, and Milk  S: Cheese Sticks, WW Crackers and Water	18. B: Blueberry Bagels, Fresh Apples, and Milk  L: Boca Spaghetti Pasta with Marina Sauce, Green Salad, Cantaloupe and Milk S: Pita Bread, Hummus, and Water	19. B: Cheerios Cereal, Blueberries, and Milk  L: Cheese Grits, Steamed Green Beans, Mangos, and Milk S: Wheat Gold Fish Crackers, Apples and Water		
22. B: Egg Patty with WW Tortilla, Fresh Blackberries, and Milk, L: Cheese Pizza, Garden Salad with Tomatoes, Pineapples, and Milk  S: Goldfish Pretzel, Bananas Water	23. B: Kix Cereal, Fresh Blueberries and Milk  L: Vegan Salad on Pita Bread, Corn, Fresh Pears, and Milk  S: Animal Crackers, Fresh Raspberries, and Water	24. B: Vegan Sausage on English Muffin, Fresh Apples, and Milk L: Vegan Fajitas and Cheese on WW Tortilla, Garden Salad, Sliced Watermelon and Milk S: Sun Butter and WW Crackers, and Water	25. B: WW Pancake with Applesauce and Milk L: Boca Sloppy Joe, W.W. Buns, Baked Beans, Fresh Raspberries and Milk S: Salsa and Corn Chips, Water	26. B: Rice Chex, Banana, and Milk L: Breaded Eggplant, WW Dinner Rolls, Coleslaw, Blueberries and Milk S: Apple Sauce, Graham Cracker, and Water		
29. B: WW Pancakes, Diced Peaches, and Milk L: Beyond Burger WW Bun Steamed Carrots, Fresh Strawberries, and Milk  S: Animal Crackers, Fresh Apples, and Water	30. B: Kix Cereal, Blackberries, and Milk  L: Boca Tacos, Corn Salsa, Dragon Fruit and Milk  S: Graham Crackers, Fresh Raspberries, and Water	31. B: Blueberry Bagel, Banana, and Milk  L: Orange Vegan Chicken Steamed Broccoli, Rice, Pineapples  S: Cheese Sticks, WW Crackers, Water				

Clifton  
404-636-4073

[Cliftonkitchen@thecliftonschool.org](mailto:Cliftonkitchen@thecliftonschool.org)

Infant/T1- receive Whole Milk  
T2/GA Pre-K receive 2% Milk

Clairmont  
404-315-6340

[Clairmontkitchen@thecliftonschool.org](mailto:Clairmontkitchen@thecliftonschool.org)