

|                                   | Mon                                                                                                                                                                                                             | Tue                                                                                                                                                                                                          | Wed                                                                                                                                                                                  | Thu                                                                                                                                                                                                   | Fri                                                                                                                                                                                        | Sat |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| <h1>MAY Vegetarian Menu 2023</h1> |                                                                                                                                                                                                                 |                                                                                                                                                                                                              |                                                                                                                                                                                      |                                                                                                                                                                                                       |                                                                                                                                                                                            |     |
|                                   | <p>1<br/>B: WW Waffles, Bananas, and Milk</p> <p>L: WW Pasta Alfredo, Fresh Green salad, Fresh Apples, and Milk</p> <p>S: Cheese Cubes, Fresh Pears, and Water</p>                                              | <p>2<br/>B: Rice Krispies Cereal, Fresh Blueberries, and Milk</p> <p>L: Boca Salad, WW Crackers, Yellow Corn, Fresh Raspberries, and Milk</p> <p>S: Cheese Chex, and Milk</p>                                | <p>3<br/>B: WW Pancakes, Apple Sauce and Milk</p> <p>L: Plant Based Chicken Salad, WW Bread, Diced Cantaloupe, and Milk</p> <p>S: Sweet Potato Chips, Fresh Pears, and Water</p>     | <p>4<br/>B: WW Bagels, Blueberries and Milk</p> <p>L: Homemade Macaroni and Cheese, Broccoli Florets, Fresh Strawberries, and Milk</p> <p>S: WW Raisin Bread, Bananas, and Water</p>                  | <p>5<br/>B: Cinnamon Chex, Fresh Apples and Milk</p> <p>L: Plant Based Chicken Pesto Spinach Wrap, Garden Salad, Fresh Pears, and Milk</p> <p>S: WW Graham Crackers, Milk</p>              |     |
|                                   | <p>8<br/>B: WW Pancakes, Raspberries, and Milk</p> <p>L: Pasta Primavera W/ Broccoli, Mandarin Oranges, and Milk</p> <p>S: Animal Crackers, Milk</p>                                                            | <p>9<br/>B: Corn Flakes, Fresh Bananas, and Milk</p> <p>L: Boca Taco, WW Tortilla, Shredded Cheese, Black Bean and Corn Mix, Diced Mangos, and Milk</p> <p>S: Sun Chips, Cheese Cubes and Water</p>          | <p>10<br/>B: WW Waffles, Strawberries and Milk</p> <p>L: Cheese Tortellini, Green Peas, Fresh Blackberries, and Milk</p> <p>S: WW Graham Crackers, Milk</p>                          | <p>11<br/>B: Oatmeal, Sliced Peaches and Milk</p> <p>L: Teriyaki Veggie Nuggets, Brown Rice, Stir Fry Vegetables, Fresh Blueberries, and Milk</p> <p>S: Naan Bread, Tzatziki Sauce, and Water</p>     | <p>12<br/>B: Cheerios, Fresh Blueberries, and Milk</p> <p>L: Shredded BBQ Plant Based Chicken on WW Bun, Baked Beans, Fresh Watermelon, Milk</p> <p>S: Chex Mix, Applesauce, and Water</p> |     |
|                                   | <p>15<br/>B: Homemade Oatmeal, Fresh Raspberries, and Milk</p> <p>L: Black Bean and Cheese Burrito, Steamed Spinach, Bananas and Milk</p> <p>S: WW Graham Crackers and Milk</p>                                 | <p>16<br/>B: Rice Chex Cereal, Fresh Red Apples, and Milk</p> <p>L: Plant-based Chicken Salad on WW Bread, Garden Salad, Tropical Fruit, and Milk</p> <p>S: Tortilla Chips and Guacamole</p>                 | <p>17<br/>B: French Toast, Diced Peaches and Milk</p> <p>L: WW Spaghetti and Boca Sauce, Steamed Green Beans, Fresh Blackberries, and Milk</p> <p>S: Cheese Sticks, WW Crackers</p>  | <p>18<br/>B: WW Blueberry Bagels, Fresh Pears, and Milk</p> <p>L: Plant Based Meat Balls, Green Peas, WW Dinner Rolls. Fresh Blueberries, and Milk</p> <p>S: WW Pita Bread, Sun Butter, Jelly and</p> | <p>19<br/>B: Kix Cereal, Bananas, and Milk</p> <p>L: Breaded Eggplant, WW Dinner Roll, Coleslaw, Diced Pineapples and Milk</p> <p>S: WW, Gold Fish Crackers, Milk</p>                      |     |
|                                   | <p>22<br/>B: Vegan Egg Patty, WW Tortilla, Fresh Blackberries and Milk</p> <p>L: Vegan Nuggets, WW Dinner Roll, Sonoma Vegetable Blend, Fresh Cantaloupe and Milk</p> <p>S: Pretzels, Sun Butter, and Water</p> | <p>23<br/>B: Kix Cereal, Fresh Blueberries and Milk</p> <p>L: Plant Based Chicken Fajita on WW Tortilla, w/Peppers and Onions, Black Bean and Corn Mix, Milk</p> <p>S: Teddy Grahams, Bananas, and Water</p> | <p>24<br/>B: WW Waffles, Diced Peaches, and Milk</p> <p>L: Boca Tuna Salad on WW Crackers, Yellow Corn, Fresh Raspberries, and Milk</p> <p>S: Cheese Chex and Milk</p>               | <p>25<br/>B: Cheese Grits, Diced Cantaloupe, and Milk</p> <p>L: WW Pasta Alfredo, Steamed Spinach, Dragon Fruit and Milk</p> <p>S: Cheese Cubes, Fresh Apples and Water</p>                           | <p>26<br/>B: Rice Chex, Fresh Pears, and Milk</p> <p>L: Cheese Rollups, WW Crackers, Tomato and Cucumber Salad, Fresh Honey Dew, Milk</p> <p>S: WW Bagels, Diced Peaches, and Water</p>    |     |
|                                   | <p>Memorial Day<br/>Holiday</p>                                                                                                                                                                                 | <p>Memorial Day<br/>Holiday</p>                                                                                                                                                                              | <p>29<br/>B: WW Pancakes, Diced Strawberries, and Milk</p> <p>L: Macaroni and Cheese, Broccoli Florets, Fresh Bananas, and Milk</p> <p>S: WW Raisin Bread, Sun Butter, and Water</p> | <p>30<br/>B: Corn Flakes, Green Apples and Milk</p> <p>L: Boca Tacos, WW Tortillas, Shredded Cheese, Black Bean and Corn Mix, Diced Mangos and Milk</p> <p>S: Sun Chips, Cheese Cubes and Water</p>   | <p>31<br/>B: WW French Toast, Blueberries, and Milk</p> <p>L: Plant Based Chicken Salad, WW Crackers. Three Bean Salad, Diced Cantaloupe, and Milk</p> <p>S: Graham Crackers, and Milk</p> |     |