Mon Tue Wed Thu Fri Sat

## September Vegetarian 2024

2. Dor Day	3. B: Cheerios Cereal, Fresh Blueberries, and Milk L: Plant-Based Chicken, Brown Rice, Mixed Vegetables, Mandarin Oranges, and Milk S: Sliced Apples, WW	4. B: W.W. Pancakes, Diced Peaches, and Milk L: Alfredo Pasta, Fresh Salad, Fresh Raspberries, and Milk S: Graham Crackers and	5. B: WW English Muffin, Applesauce, and Milk L: Boca Tacos with WW Tortillas, Corn Mix, Diced Pineapples, and Milk S: Sliced Cheese, Wheat Thin Crackers,	6. B: Special K Cereal, Bananas, and Milk, L: Grilled Vegan Cheese Wrap, Steamed Carrots, Tropical Fruit and Milk S: WW Pita Bread,	
9. B: WW French Toast Sticks, Fresh Blueberries, and Milk	Crackers, and Water  10. B: Rice Chex Cereal, Diced Apples, and Milk	Milk  11. B: Boiled Eggs with WW Tortilla, Applesauce, and Milk	and Water  12. B: WW Waffles, Diced Strawberries, and Milk	Sunbutter, and Water 13. B: Kix Cereal, Diced Pears,, and Milk	
L: Penne Pasta with Marinara Sauce, Mozzarella Cheese, Steamed Cauliflower, Diced Cantaloupe, and Milk	L: Breaded Eggplant, Steamed Green Beans, Fresh Watermelon, and Milk	L: Curry Plant-Based Chicken, WW Rolls, Mixed Vegetables, Sliced Pears, and Milk	L: Plant-Based BBQ Meatballs, Steamed Corn, Fresh Raspberries, and Milk	L: Plant-Based Burgers on WW Buns, Coleslaw, Tropical Fruit, and Milk	
S: Animal Crackers and Milk	S: WW Pita Dippers, Hummus, and Water	S: Ritz Crackers, Peaches, and Water	S: WW Pita Bread, Bananas, and Water	S: Raisin Bread and Milk	
16. B: Oatmeal, Fresh Blackberries, and Milk L: Black Beans with Fajitas Peppers on WW Tortillas, Shredded Cheese, Fresh Salad, Diced Pineapples, and Milk S: WW Goldfish, Applesauce, and Water	17. B: Cheerios Cereal, Fresh Blueberries, and, Milk L: Vegan Nuggets, Steamed Cauliflower, Diced Strawberries , and Milk S: Animal Crackers and Milk	18. B: WW English Muffin, Sliced Peaches, and Milk L: Alfredo Pasta, Steamed Broccoli, Bananas, and Milk S: WW Tortilla, Strips, Guacamole, and Water	19. B. WW Pancakes, Mandarin Oranges, and Milk L: Grilled Vegan Wrap, Steamed Carrots, Tropical Fruit, and Milk S: Yogurt, Raspberries, and Water	20. B: Rice Chex, Bananas, and, Milk L: Breaded Plant-Based Chicken, Coleslaw, Fresh Blueberries, Milk S: Graham Crackers and Milk	
23. B: Cream of Wheat, Fresh Cantaloupe, and Milk L: Cheese Tortellini, Steamed Cabbage, Diced Strawberries, and Milk	24. B: Kix Cereal, Fresh Blackberries, and Milk L: Homemade Boca Tacos on WW Tortillas, Corn Mix, Mandarin Oranges, and Milk	25. B: Egg Omelette on WW Tortilla, Applesauce, and Milk  L: Vegetable Pot Pie, Brown Rice, Bananas, and Milk	26. B: WW Waffles, Diced Strawberries, and Milk L: Boca Pasta with Marinara Sauce, Steamed Green Beans, Sliced Pears, and Milk	27. B: Cinnamon Chex Cereal, Diced Apples, and Milk L: Plant-Based Burgers on WW Buns, Coleslaw, Fresh Blueberries, and Milk	
S: Animal Crackers and Milk	S: WW Pita Bread, Diced Peaches, and Water	S: WW Crackers, Guacamole, and Water	S: Raisin Bread and Milk	S: Teddy Grahams, Bananas, and Milk	
30. B: Buttered Grits, Diced Strawberries, and Milk  L: Macaroni and Cheese, Steamed Broccoli, Fresh Raspberries, and Milk					
S: WW Tortilla Chips, Mango Salsa, and Water					

Clifton

Phone: 404-636-4073

Cliftonkitchen@thecliftonschool.org

Infant/T1- receive Whole Milk T2/GA Pre-K receive 2% Milk

Clairmont 404-315-6340

Clairmontkitchen@thecliftonschool.org