

	Mon	Tue	Wed	Thu	Fri	Sat
<h1>November Vegetarian 2024</h1>						
					1. B: Cheerios Cereal, Apples, and Milk L: Beyond Burger on WW Buns, Steamed Corn, Diced Strawberries, and Milk S: Graham Crackers, Sun butter, and Water	
	4. B: WW Pancakes, Applesauce, and Milk L: Vegetable Soup, Shredded Cheese, Cornbread, Diced Peaches, and Milk S: WW Tortillas, Salsa, and Water	5. B: Cinnamon Chex Cereal, Pears, and Milk L: Baked Egg Rolls, Steamed Butternut Squash, Mandarin Oranges, and Milk S: Teddy Grahams and Milk	6. B: Buttered Grits, Fresh Raspberries, and Milk L: Boca Chili with WW Crackers, Tropical Fruit Salad, and Milk S: Naan Bread, Tzatziki, and Water	7. B: WW English Muffin, Bananas, and Milk L: Teriyaki Veggie Nuggets, Mixed Vegetables, Apples, and Milk S: Sliced Cheese, Ritz Crackers, and Water	8. B: Kix Cereal, Fresh Blueberries, and Milk L: Boca Sloppy joe, Steamed Carrots, Fresh Blackberries, and Milk S: Raisin Bread and Milk	
	11. B: Oatmeal, Diced Mangos, and Milk L: Penne Pasta with Alfredo Sauce, Parmesan Cheese, Steamed Broccoli, Fresh Raspberries, and Milk S: Animal Crackers, Applesauce, and Water	12. B: Rice Krispies Cereal, Pears, and Milk L: Boca Tacos on WW Tortillas, Shredded Cheese, Coleslaw, Diced Strawberries, and Milk S: WW Pita Bread, Guacamole, and Water	13. B: WW French Toast Sticks, Diced Cantaloupe, and Milk L: Vegan Tender Strips, Steamed Green Beans, WW Dinner Rolls, Cranberry Sauce, and Milk S: Naan Bread, Sun butter, Water	14. B: Biscuits with Apple Butter, Bananas, and Milk L: Boca Chili with Cornbread, Fresh Raspberries, Milk S: WW Goldfish, Apples, and Water	15. B: Cheerios Cereal, Fresh Blueberries, and Milk L: Beyond Burgers on WW Buns, Steamed Peas, Diced Mix Fruit Mix, and Milk S: Teddy Grahams and Milk	
	18. B: WW Pancakes, Diced Peaches, and Milk L: Vegetable Pasta Soup, Diced Strawberries, and Milk S: WW Goldfish and Milk	19. B: Rice Chex Cereal, Diced Cantaloupe, and Milk L: Plant-Based Chicken Lo Mein with Teriyaki Sauce, Steamed Carrots, Peaches, and Milk S: Tortilla Strips, Salsa, and Water	20. B: Cream of Wheat, Apples, and Milk L: Penne Pasta with Marinara Sauce, Steamed Cauliflower, Fresh Raspberries, and Milk S: Chex Mix and Milk	21. B: WW English Muffin, Apple Butter, Bananas and Milk L: Mac and Cheese, Steamed Peas and Carrots, Pears, and Milk S: Raisin Bread and Milk	22. B: Special K Cereal, Fresh Blackberries, and Milk L: Turkey Sausage Pizza, Steamed Corn, Pineapples, and Milk S: Pita Chips, Mango Salsa, and Water	
	25. B: WW Waffles, Applesauce, and Milk L: Penne Pasta with Marinara Sauce, Steamed Green Beans, Mandarin Oranges, and Milk S: Animal Crackers and Milk	26. B: Kix Cereal, Fresh Blueberries, and Milk L: Baked Egg Rolls, Steamed Cauliflower, Diced Mangos, and Milk S: Graham Crackers, Fresh Raspberries, and Water	27. Thanksgiving Break 	28. HAPPY  THANKSGIVING	29. Thanksgiving Break 	

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Infant/T1- receive Whole Milk
T2/GA Pre-K receive 2% Milk

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