

Mon

Tue

Wed

Thu

Fri

Sat

# MARCH VEGETARIAN MENU 2025

<p>3. B: Cheese Grits, Diced Strawberries, and Milk</p> <p>L: Pinto Beans, Brown Rice, Steamed Spinach, Fresh Blackberries, and Milk</p> <p>S: Diced Tomato and Cucumber Salad, Pita Bread, and Water</p>	<p>4. B: Rice Chex, Fresh Apples, Milk</p> <p>L: WW Cheese Quesadillas, Black Beans and Corn Mix, Fresh Diced Cantaloupe, Milk</p> <p>S: Tortilla Strips, Guacamole, and Water</p>	<p>5. B WW Pancakes, Mixed Berry Applesauce, Milk</p> <p>L: Homemade Vegan Chicken Stew w/Diced Potatoes, and Carrots, Tropical Fruit Mix, Milk</p> <p>S: Chex Mix, Milk</p>	<p>6. B: Biscuits with Apple Butter, Diced Peaches, and Milk</p> <p>L: Great Northern Beans, Brown Rice Steamed Peas, Fresh Apples and Milk</p> <p>S: Greek Yogurt, Fresh Pears, and Water</p>	<p>7. B: Corn Flakes Cereal, Fresh Blueberries and Milk</p> <p>L: Homemade Boca Sloppy Joe on WW Buns, Fresh Salad, Organic Diced Mangos, and Milk</p> <p>S: Raisin Bread, Bananas, Water</p>	
<p>10.. B: WW French Toast Sticks, Pears, and Milk</p> <p>L: Cheese Tortellini, Steamed Broccoli, Pineapples, and Milk</p> <p>S: Strawberry Yogurt, Graham Crackers, and Water</p>	<p>11. B: Scrambles Eggs, WW Tortilla, Fresh Blueberries, and Milk</p> <p>L: Boca Tacos on WW Tortillas, Shredded Cheese, Fresh Salad, Mandarin Oranges, and Milk</p> <p>S: Tortillas Strips, Salsa and Water</p>	<p>12. B: Oatmeal, Fresh Blackberries, and Milk</p> <p>L: Homemade Macaroni and Cheese, Steamed Green Beans, Diced Cantaloupe, and Milk</p> <p>S: Fresh Apples, Cheese Slices, and Water</p>	<p>13. B: WW Pancakes, Bananas, and Milk</p> <p>L: Homemade Boca Chili, Diced Peppers and Tomatoes, Corn Bread, Organic Diced Mangos, Milk</p> <p>S: Sweet Potato Chips, Milk</p>	<p>14. B: Rice Krispies Cereal, Fresh Apples, and Milk</p> <p>L: Cheese on Spinach Wrap, Steamed Peas, Diced Strawberries, and Milk</p> <p>S: Naan Bread, Fresh Raspberries, and Water</p>	
<p>17.. B: WW English Muffins, Applesauce, and Milk</p> <p>L: Beyond Burgers on WW Buns, Steamed Corn, Fresh Blackberries, Milk</p> <p>S: Diced Tomato and Cucumber Salad, Pita Bread, and Water</p>	<p>18. B: KIX Cereal, Fresh Apples, Milk</p> <p>L: Breaded Vegan Chicken Nuggets, WW Dinner Roll, Steamed Cauliflower, Diced Pineapples, and Milk</p> <p>S: Fresh Pears, Cheese Slices, and Water</p>	<p>19. B: Oatmeal, Diced Strawberries, and Milk</p> <p>L: Homemade Boca Meatloaf, Steamed Peas, WW Dinner Roll, Mandarin Oranges, and Milk</p> <p>S: Greek Yogurt, Fresh Apples, and Water</p>	<p>20. B: Turkey Sausage, WW Tortillas, Mixed Berry Applesauce, Milk</p> <p>L: Homemade Vegan Cajun Chicken Pasta, Steamed Spinach, Diced Cantaloupe, and Milk</p> <p>S: Sweet Potato Chips, Milk</p>	<p>21. B: Cheerios Cereal, Fresh Bananas, and Milk</p> <p>L: Vegetarian Burgers on WW Buns, Steamed Green Beans, Organic Diced Mangos, Milk</p> <p>S: Goldfish Crackers, Milk</p>	
<p>24. B: Scrambles Egg Patty, WW Tortilla, Apple Sauce, Milk</p> <p>L: Tomato Soup, Grilled Cheese Sandwich on WW Bread, Fresh Raspberries, Milk</p> <p>S: Naan Bread, Tzatziki Sauce, and Water</p>	<p>25. B: Vegan Sausage, WW English Muffin, Diced Peaches, Milk</p> <p>L: Curry Plant Based Chicken, Brown Rice, Mixed Vegetables, Mandarin Oranges, Milk</p> <p>S: Pita Chips, Salsa, and Water</p>	<p>26. B: WW French Toast Sticks, Diced Strawberries, and Milk</p> <p>L: Black Bean Salad, WW Crackers, Steamed Carrots, Pineapples, and Milk</p> <p>S: Chex Mix and Milk</p>	<p>27. B: Buttered Grits, Bananas, and Milk</p> <p>L: Breaded Vegan Chicken Chunks, WW Dinner Rolls, Steamed Cauliflower, Diced Mangos, and Milk</p> <p>S: Fresh Apples, Sun Butter, and Water</p>	<p>28. B: KIX Cereal, Diced Strawberries, and Milk</p> <p>L: Beyond Burger on WW Buns, Steamed Corn, Fresh Blackberries, and Milk</p> <p>S: Raisin Bread, Cheese Slices, and Water</p>	
<p>27. B: WW Waffles, Sliced Peaches, and Milk</p> <p>L: Homemade Chickpea Pasta Salad, Diced Tomatoes and Cucumbers, Pineapple Tidbits, Milk</p> <p>S: Sweet Potato Chips, Milk</p>	<p>28. B: Cheerios Cereal, Fresh Blueberries, and Milk</p> <p>L: Boca Tacos on WW Tortillas, Shredded Cheese, Fresh Salad, Mandarin Oranges, and Milk</p> <p>S: Tortillas Strips, Guacamole, and Water</p>	<p>29. B: Oatmeal, Fresh Blackberries, and Milk</p> <p>L: Plant Based Teriyaki T Meatballs, Steamed Peas and Carrots, WW Dinner Rolls, Diced Cantaloupe, and Milk</p> <p>S: WW Pita Bread, Sun Butter, and Water</p>	<p>30. B: WW Pancakes, Applesauce, and Milk</p> <p>L: Baked Tofu Patty, Steamed Cabbage, Brown Rice, Diced Strawberries, and Milk</p> <p>S: Greek Vanilla Yogurt, Graham Crackers, and Water</p>	<p>31. B: Rice Chex Cereal, Bananas, and Milk</p> <p>L: Homemade Penne Pasta with Boca Meat Sauce, Green Beans, Tropical Fruit Mix, Milk</p> <p>S: Raisin Bread and Milk</p>	

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Infant/T1- receive Whole Milk  
T2/GA Pre-K receive 2% Milk